



2009 - 2010



COMPETITIVE CHEER MANUAL

South Carolina High School League

P. O. Box 211575

Columbia, S. C. 29221

803-798-0120

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www.schsl.org

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GENERAL

First Date for Practice	July 31
First Date for Competition	September 1
Number of Contests Permitted	Eight (8) per school (6 JV)
Deadline for Notification of Entry	October 23
Required minimum number of contests	Two
Qualifying	November 9-12
State Competition	November 21
Eligibility Due	7 days before first competition
Spring Practice/Team Selection	15 days permitted (April 5 - May 31)

Competitive season ends when a team is eliminated from a qualifier or the state competition. The High School League Executive Committee must approve any exceptions.

The National Federation Spirit Rule Book and the High School League Competitive Cheerleading Manual will be used for all High School League competitions.

The High School League strongly recommends that all competitive cheer coaches take the American Association of Cheerleading Coaches and Advisors safety certification course.

SQUAD RESTRICTIONS

The maximum number of participating squad members are as follows:

AAAA	- 24
AAA	- 24
AA	- 20
A	- 20

COMPETITIVE AREA

A matted surface with a 38' x 38' minimum will serve as the competitive area. The routine must be performed within the boundaries of the competitive area.

Only SCHSL pass holding coaches, competitors, and officials are permitted in the competitive area.

UNIFORMS

All team members must be dressed in the adopted school uniform. Mascots will not be a part of the judged routine. 5 points will be deducted per uniform violation (10 point maximum).

INJURY

The host school is responsible for the availability of medical services. First aid and medical supplies should be made available in case of injury. The tournament director is responsible for emergency medical telephone numbers such as paramedics. Ideally, a physician should be present or on call.

If an injury occurs during the routine, the head judge shall stop the competition until the injured person is removed from the competitive area. A team with an injured person will be given the opportunity to perform the entire routine at the end of their classification competition.

Using the professional judgment of the medical personnel at the site, the head judge will not allow an unconscious or apparently unconscious player to return to competition without written authorization from a physician.

Contestants, who are bleeding, have an open wound, or an excessive amount of blood on the uniform may not participate in any event until appropriate treatment has been administered.

PROCEDURES

Teams will be called to the competitive area by the announcer prior to their performance. Three teams will be announced each time - "Performing", "On-Deck", and "In the Hole."

A practice/warm-up area should be made available. Schools should furnish their own equipment and music for use in the practice/warm-up area.

IMPORTANT INFORMATION

Please see the SCHSL handbook for the important information on the following:

- Academic Eligibility of Athletes
- Scouting
- Sportsmanship
- Mandatory Competitive Cheer Clinics for Coaches
- Scholar Athletes for Competitive Cheerleaders
- Out of Season Practice

STATE

QUALIFYING

All Classes Qualifying Regulations

Twelve schools will qualify for the state championship competition. The number of schools that qualify from the upper and the lower state competition will be proportional to the number of schools who compete in the upper and the lower state competition.

NOTE: For example, if 15 schools enter the upper state qualifier and 5 schools enter the lower state qualifier, then 15/20 or 9 slots will be given to the upper state and 3 slots to the lower state.

The High School League will adjust the number of qualifiers from the upper and lower state if the proportional relationships do not clearly determine the number of qualifiers. This will be done with the best interest of the student athletes in mind.

NOTE: For example, if 10 schools enter from the upper state qualifier and 12 schools enter the lower state qualifier, the 10/22 or 5.5 slots will have been earned by the upper state and 12/22 or 6.5 slots will have been earned by the lower state. In this situation, the HSL will be empowered to award 6 to the upper state and 7 to the lower state.

ORDER OF COMPETITION

The High School League will determine the order of competition for the qualifiers and the state finals.

TEAMS

Each school may enter one team. **Members of the competitive team must have been a member of a support cheerleading squad during the year.** All participants must be listed and properly certified on an eligibility report to the High School League. The performing cheerleaders may be anyone certified on the eligibility report. Substitutions may be made at any time. Spotters that help within the confines of the routine must be team members. Safety spotters will be provided. Any team having more than one male will be considered a coed team. A state championship for coed cheer will be provided if 16 or more schools enter state competition.

AWARDS

Region Each region will determine the awards to be given.

State Trophies - 1st and 2nd place team trophies will be awarded in each classification in the state finals.

Medals - Individual medals will be awarded to the 1st and 2nd place team members and coach in each classification.

JUDGES

REQUIREMENTS

Judges must be registered and certified with the S. C. High School League.

Judges will use the National Federation Spirit Rule Book as the official rules of competitive cheering.

The High School League Office will assign Judges for Qualifying and the State Finals.

All decisions of the judges are final.

Regular Season: A minimum of three judges is recommended for regular season and invitational tournaments.

State Finals: Five judges will evaluate performances at the state finals. High & low scores will be dropped.

Fees: Judges

1 to 15 teams \$50.00 per judge plus mileage

16 - above \$75.00 per judge plus mileage

Mileage is 45 cents per mile.

REMINDER

ALL CLASSES

Notification of Entry form is due OCTOBER 23, 2009

This form can be found on the League website under AD Notebook.

www.schsl.org

AACCA Safety Workshops and Test

April 25, 2009	League Office, 10:00 am - 3:00 pm
May 16, 2009	League Office, 10:00 am - 3:00 pm
June 13, 2009	League Office, 10:00 am - 3:00 pm
July 28, 2009	SCACA Convention, 1:00 pm - 5:30 pm
Sept. 13, 2009	League Office, 1:30 pm - 6:00 pm

Register on line www.aacca.org

Contact: Elaine Elliott 803-359-9488 or elainelliott@aol.com

CHEER JUDGE TRAINING

August 15, 2009

10:00 am

League Office



South Carolina High School League

PO Box 211575

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803-798-0120

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NOTIFICATION OF ENTRY FOR COMPETITIVE CHEER

(Due on or before **OCTOBER 23, 2009**)

SCHOOL _____

Please indicate below whether or not you will be competing for the State Competitive Cheer Championship.

We will compete for the State Competitive Cheer Championship.

Name of Cheer Coach: _____

Cheer Coach E-mail: _____

Person completing this report: _____

Date: _____

**This form can be found on the League web site,
www.schsl.org, under AD Notebook.**

COMPETITIVE CHEER 2009-2010 YEAR OUTLINE

April 5 - May 31Spring Practice/Team Selection (15 days for total program)

June 1 - July 25.....Can practice or attend camp as much as you like.

July 26 - 30.....DEAD PERIOD
Cannot practice or attend team camp.
Cannot practice during the dead period for a camp
beginning on/or after July 26.

July 31First Practice

September 1.....First Competition

October 23Deadline for Notification of Entry (All Classes)

Qualifiers

November 9.....Class AAAA Upper - Northwestern High School 6:00 pm

November 10.....Class AAAA Lower - White Knoll High School 6:00 pm

November 11.....Class AAA Upper - Dorman High School 7:30 pm

November 11.....Class AA Upper - Dorman High School 6:00 pm

November 12.....Classes AAA Lower - Airport High School 6:00 pm

November 12.....Classes AA Lower - Airport High School 7:30 pm

Season is over if you do not qualify for State.

November 21State Finals - Carolina Coliseum
Time: 11:00 am (Class AA)

November 22 - April 4, 2010No competitive cheer practice