

2010-11

**Rules
and
Regulations**

Governing

Contests

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**RULES AND REGULATIONS
GOVERNING ATHLETIC CONTESTS SPONSORED BY
THE SOUTH CAROLINA HIGH SCHOOL LEAGUE
FOR 2010-2011**

HELPFUL INTERPRETATIONS

1. A transfer student should always be checked very closely. Many will not be eligible under the transfer rule.
2. Never submit a student on a Certificate of Eligibility without having a copy of an acceptable birth certificate on file.
3. Always check the records for the courses and units passed by a student.
4. Certificates of Eligibility must be in the League Office seven days prior to the first contest in that sport.
5. All varsity sports schedules must be filed in the League Office. Forms can be found in the Athletic Directors Notebook. The Coaches Calendar is a great reference. Use it.
6. Never allow a student to practice without having a Parents' Permission Form, Physical Examination Form and insurance coverage.
7. A player has the same restrictions as a team on number of games played, etc. Anyone other than junior high or middle school players may move up or down. A football player is eligible to participate in one junior varsity and one varsity game per week not to exceed eight quarters.
8. Teachers' children have the same restrictions as other students.
9. If you have any doubt, check with the League Office.

IMPORTANT DATES

Sport	Schedule Due	First Practice	First Scrimmage	First Playing Date
Football	May 1	July 30	August 5	August 19
Volleyball	May 1	July 30	August 6	August 30
Swimming	August 17	July 30	August 6	August 16
Girls Tennis	September 1	July 30	August 6	August 30
Cross Country	September 1	July 30	August 6	August 30
Girls Golf	September 1	July 30	August 6	August 23
Competitive Cheer		July 30	August 6	August 30
Basketball	October 1	November 1	November 8	November 29
Wrestling	October 1	November 1	November 8	November 29
Lacrosse	January 24	January 24	January 31	February 21
Soccer	February 1	January 31	February 7	March 7
Baseball	February 1	January 31	February 7	March 7
Softball	February 1	January 31	February 7	March 7
Boys Golf	March 1	January 31	February 7	March 7
Boys Tennis	March 1	January 31	February 7	March 7
Track/Field	March 1	January 31	February 7	March 7

GENERAL RULES

1. National Federation Rules will be used in all games. There will be no variation unless approved by the Executive Committee or the Legislative Assembly.
2. There will be four classifications: AAAA, AAA, AA and A.
3. Before September 15th of each year, each region coordinator will call a meeting of all high schools in the region for the purpose of:
 - a. Checking football, volleyball, girls' golf, girls tennis, swimming, competitive cheer and cross country schedules and the method of determining region champions.
 - b. Discussing basketball and wrestling schedules and the method of declaring the champions.
 - c. Discussing any League or region business.
 - d. Electing Legislative Delegates and alternates and submitting their names to the Commissioner before November 15th.
4. Before December 15th, each region coordinator will call a meeting of all schools in the region for:
 - a. Checking basketball and wrestling schedules and method of determining region champions.
 - b. Requesting basketball officials for the region basketball tournament.
 - c. Discussing baseball, softball, soccer, lacrosse, boys' tennis, boys' golf and track and field schedules and method of declaring champions.
 - d. Other League or region business.
5. Before March 15th, each region coordinator will call a meeting of all schools in the region for:
 - a. Checking baseball, softball, soccer, boys' tennis, boys' golf and track and field schedules and method of declaring champions.
 - b. Determining track program for qualifying athletes for the State Track Meet.
 - c. Determining football, cheer, volleyball, swim, girls' golf and girls tennis schedules and the method of declaring champions.
 - d. Electing new officers.
 - e. Other League or region business.
6. Each region coordinator, or the coach of the winning team must notify the League Office immediately after the deciding game or contest has been held.
7. A school will not be allowed to compete in more than one classification except in cases of combination of schools. See Article VI, Section 3.

RULES AND REGULATIONS GOVERNING INVITATIONALS, TOURNAMENTS AND JAMBOREES

1. Schools will not permit their students to participate in an invitational event or jamboree unless the League approves the event.
2. All teams competing in an invitational or jamboree must be members of the League or have permission to participate. The League will not sanction any invitational tournaments or jamborees that does not have at least one member school participating or is beyond the regular season.
3. Responsibility to the League Office must be established by designating a host school that will insure that all League regulations are followed.
4. A request for permission to hold an invitational or jamboree, signed by the principal of the host school, must be in the League Office at least 30 days prior to the first session of the event or 90 days if out of state teams are to be invited. The request must include the purpose of the event, the sponsoring organization, the exact dates and the schools invited. A form to submit the request for approval can be found in the A. D. Handbook.
5. For all jamborees, the League will receive 20% of the gross gate receipts in excess of \$1,500.00. The League's share from any jamboree will not exceed \$5,000.00. A financial statement, this 20% and a list of participating teams must be sent to the League within fifteen days.

6. Each school is permitted to participate in one approved varsity preseason jamboree and two invitational tournaments (per sport program). A school may elect to participate in a second or third varsity preseason jamboree instead of one or two of the four allowable scrimmages. Each school is permitted to participate in one subvarsity preseason jamboree and two subvarsity invitational tournaments (per sport program).
7. A school may not participate for more than ½ of a regulation game in any jamboree type event.
8. Definition of a tournament
A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets as part of the sanctioning process in basketball, baseball, softball, tennis, lacrosse and soccer. (Maximum 10 consecutive days for a tournament)
9. The Executive Committee has instructed the League Office to disapprove an invitational basketball tournament in which more than eight schools are involved if any part of the tournament causes loss of school time or is played on a day preceding a school day. If the tournament is held entirely during the Christmas holidays, more than eight teams may compete. Activities other than basketball are not limited to eight teams.
10. Schools are allowed invitational tournament(s) **one week** prior to the first legal playing date to include the previous weekend.
11. Certified officials must be used at the varsity level.
12. Adequate police protection must be furnished.
13. All rules and regulations of the League must be followed. This includes the awards rule and the amateur rule. For an invitational event, symbolic awards may be given. Trophies must be reasonable in size. Scholarships or monetary awards are in violation of this rule.
14. No trophies or awards of any kind may be given to a player or team for participation in a jamboree. This regulation does not forbid the presentation of a sportsmanship award to a school or awards to individuals for winning a kicking contest or a similar contest held at a jamboree.
15. Total number of lacrosse and soccer games a student may play during a tournament is two per day. There must be a minimum one hour rest between games.

NOTE: League passes will be honored at all League sponsored events.

DEFINED SPORTS SEASONS

The following terms will be used and will apply to all sports:

IN-SEASON

Begins first day of legal practice and ends with elimination from state play-off competition. Organized practice is left to the discretion of each school.

OUT-OF-SEASON

Strength and conditioning programs will not be affected by the limitation on practice seasons. Conditioning programs are not to include agility drills that enhance specific skills for a given sport, nor may equipment for any sport be used. Agility drills appropriate for all sports will be acceptable.

Practice and weight training must be open to all students. These sessions cannot be mandatory for any student.

Any student participating in an illegal practice will be declared ineligible for that sport season. Any school allowing an illegal practice will be subject to League discipline, which may include the placing of the sport on probation.

1. **Open-Season/Open Facility (2009-2010 School Year)**
 - a. June 1 - July 24, 2010 for Fall sports. (July 25-29, 2010 is Closed Season)
 - b. June 1 - July 31, 2010 for Winter and Spring sports.
2. **Open-Season/Open Facility (2010-2011 School Year)**
 - a. June 1 - July 23, 2011 for Fall sports. (July 24-28, 2011 is Closed Season)
 - b. June 1 - July 31, 2011 for Winter and Spring sports

**** See note below**

NOTE: Ten days of competition are permitted June 1 - July 23, 2011. Participation at team camps and other outside organizations is included in these 10 days. No school will be permitted to attend or participate in team camps between July 24, 2011 and In-Season.

School facilities will be open to all students and coaches who may be involved with the planning and monitoring of activities, including organized practice, during these time periods.

Participation cannot be mandatory for any student.

CLOSED SEASON

Any time except In-Season and the Open Season/Open Facility dates listed above. During closed seasons, school facilities cannot be used for anything except conditioning and weight training.

OTHER REGULATIONS

- a. Activities that take place during the school day are local matters and are not affected by these regulations. However, any activity involving prospective athletes during the school day must be open to all students.
- b. Schools are permitted three weeks of open season in all sports during the school year. (No prohibition to number of students participating.)

The following weeks apply:

 1. Three weeks in May for Fall Sports (May 1st-21st) See sports section for more details.
 2. Three weeks in September for Winter Sports (September 1st-21st) See sports section for more details.
 3. Three weeks in November for Spring Sports (November 1st-21st) See sports section for more details.
- c. School facilities may not be used after school hours during closed season by students of a school except if they are members of an outside team clearly sponsored by an outside agency. Coaching outside teams during a closed season is permissible provided the 75% rule is not violated. (Refer to A-29 for details on the 75% rule.)
- d. Outdoor facilities normally available to the public will not be restricted by these regulations on non school days. In other words, if it is the normal practice of the school to allow the general public to use these facilities on the weekends, there will be no violation if more than two students are present, provided there is no coach present, and there is no attempt to facilitate practice.
- e. A coach may accompany prospective team members to a camp or clinic during a closed season, but may not be involved with teaching skills to his or her own players.
- f. Organized practice is defined as the gathering of a coach(es) and more than two student-athletes (per sport program) for the purpose of teaching sport specific skills (including video, chalk-talk sessions, etc). It also includes the use of school facilities by more than two student-athletes (per sport program).

Violation(s) of the practice rules orchestrated/initiated by school personnel will subject the school to sanction(s) by the League. Violation(s) of the practice rules orchestrated/initiated by the student athletes will subject the school to a "warning" for first offense and more severe sanctions for repeated offense(s) within one calendar year.

SWIMMING

1. The League will sponsor a championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification.
2. National Federation Rules shall govern all contests and may be obtained from the League Office.

3. **IMPORTANT DATES:**

Schedule Due.....	August 16
First Practice	July 30
First Scrimmage	August 6
Eligibility Due.....	7 days prior to first regular season meet
First Contest.....	August 16
Certified Swim Times to be placed on www.goeasyware.com	Within 3 days after a regular season meet or 24 hours prior to the State Meet entry deadline, whichever comes first
State Championship Entries Due	Saturday, October 2 by midnight, 1 week prior to State Meet
State Championship Meet.....	October 9

4. **COMPETITIVE SEASON**

- a) All regular season meets and invitationals must be concluded before the State Championship Meet. Region Championship Meets are considered regular season meets
 - b) Only swimmers who have qualified for the State Championship Meet will be allowed to continue practice after State Meet qualifiers have been posted on the SCHSL website.
 - c) Swimmers must compete in at least two SCHSL-sanctioned regular season meets prior to the State Championship Meet.
 - d) Swimmers qualify for the State Championship Meet according to qualifying times and procedures outlined in Sections 9 and 10 of these rules.
 - e) Qualifying times may be achieved in any SCHSL-sanctioned regular season meet completed in the current high school swim season. Qualifying times will be determined and certified according to procedures outlined in Section 13 of these rules.
 - f) Qualifying times achieved after the State Championship Meet entry deadline will not be accepted.
5. In the State Championship Meet, points are awarded for 20 places in all events. For relays, points awarded are double the individual points for that place.
 6. Teams are limited to four preseason scrimmages, one jamboree, and eight meets; the Region Championship Meet is included in the eight-meet limit. All meets must be swum prior to the State Championship Meet. Scoring, as outlined in the NFHS Rules Book, will be used throughout the state for all meets. Only NFHS and SCHSL rules will apply at all meets. In each Region each team will swim every other team in their Region at least once and each meet shall be scored as a dual, double-dual (three teams) or triple-dual (four teams) meet.
 7. Teams may swim other teams outside their Region provided the limitations of #6 are met.
 8. Teams in Regions not having a Region Championship Meet may swim in another Region Championship meet by permission of the host team.

9. ACCEPTANCE INTO THE STATE MEET

Swimmers or relay teams that meet the automatic qualifying time (AQT) specified in Section 10 (and are entered) will be accepted in the State Meet.

NOTE: Swimmers will only be allowed to compete in the event(s) or relay team(s) in which he/she qualifies through AQT or CT.

If there are fewer than 30 swimmers or 20 relays with automatic qualifying times in any event, then swimmers or relays with the fastest consideration times (CT) specified in Section 10 will be accepted up to a maximum of 30 swimmers or 20 relays per event. Swimmers with AQT must be officially entered into the State meet to be accepted. Swimmers with CT must be officially entered into the State meet to be considered. State meet entries submitted for swimmers with Automatic Qualifying or Consideration Times are subject to individual and meet entry limits.

10. 2010-2011 STATE MEET QUALIFYING TIMES

Girl's Events	Class AAAA		Classes AAA, AA & A	
	Automatic	Consideration	Automatic	Consideration
200-yd Medley Relay	2:01.65	2:11.39	2:07.46	2:17.66
200-yd Freestyle	2:09.80	2:20.18	2:15.38	2:26.21
200-yd Individual Medley	2:28.40	2:40.27	2:33.05	2:45.29
50-yd Freestyle	0:27.07	0:29.24	0:27.95	0:30.19
100-yd Butterfly	1:07.03	1:12.40	1:09.39	1:14.94
100-yd Freestyle	0:59.32	1:04.07	1:00.87	1:05.74
500-yd Freestyle	5:50.48	6:15.00	6:05.09	6:15.00
200-yd Freestyle Relay	1:50.41	1:59.24	1:54.50	2:03.65
100-yd Backstroke	1:08.31	1:13.78	1:11.07	1:16.75
100-yd Breaststroke	1:16.11	1:22.19	1:20.20	1:26.61
400-yd Freestyle Relay	4:01.72	4:21.05	4:13.05	4:33.29

Boy's Events	Class AAAA		Classes AAA, AA & A	
	Automatic	Consideration	Automatic	Consideration
200-yd Medley Relay	1:51.22	2:00.12	1:56.32	2:05.63
200-yd Freestyle	1:59.74	2:09.32	2:09.35	2:19.69
200-yd Individual Medley	2:17.71	2:28.72	2:26.19	2:37.88
50-yd Freestyle	0:24.14	0:26.07	0:24.75	0:26.73
100-yd Butterfly	1:01.77	1:06.72	1:04.57	1:09.74
100-yd Freestyle	0:53.78	0:58.09	0:55.30	0:59.72
500-yd Freestyle	5:25.56	6:00.00	5:54.63	6:00.00
200-yd Freestyle Relay	1:38.33	1:46.19	1:42.66	1:50.87
100-yd Backstroke	1:02.97	1:08.01	1:05.96	1:11.24
100-yd Breaststroke	1:10.53	1:16.18	1:14.69	1:20.66
400-yd Freestyle Relay	3:39.52	3:57.08	3:52.30	4:10.89

New Individual Automatic Qualifying time (AQT) = [(AQT x 5) + (20th place time - 0.1sec)] / 6

New Relay Automatic Qualifying time (AQT) = [(AQT x 5) + (10th place time - 0.1 sec)] / 6

Consideration time (CT) = AQT x 1.08

If there are not 20 swimmers or 10 relays in an event, then the AQT remains the same for the next year.

11. In the State Championship Meet, each team shall be permitted a maximum of four entries in an individual event and one team in a relay event. Each swimmer may enter a maximum of four events, no more than two of which may be individual events. All teams are required to submit the names of relay swimmers with their entries for the State Championship meet (as many as 8 swimmers per relay may be submitted). All entries must be done in EasyTeam Manager II or on the spreadsheet provided by EasyTeam. The spreadsheet may be downloaded at <http://www.goeasyware.com> Use the spreadsheet titled "High School/College Meet Entry Spread Sheet (Entering by TIME) NO DIVING".

12. ORDER AND NUMBERING OF EVENTS

The following order and numbering of events shall be used in all SCHSL-sanctioned meets. All Championship meets will be swum in yards; the 400-meter freestyle event should be swum instead of 500-meter freestyle in meter pools

Girls Event No.	Boys Event No.	Event
1	2	200-yd/200-m Medley Relay
3	4	200-yd/200-m Freestyle
5	6	200-yd/200-m Individual Medley
7	8	50-yd/50-m Freestyle
		Break
9	10	100-yd/100-m Butterfly
11	12	100-yd/100-m Freestyle
13	14	500-yd/400-m Freestyle
15	16	200-yd/200-m Free Relay
17	18	100-yd/100-m Backstroke
19	20	100-yd/100-m Breaststroke
21	22	400-yd/400-m Free Relay

13. CERTIFICATION OF OFFICIAL TIMES FOR STATE CHAMPIONSHIP MEET ENTRY

- a. **Manual timing.** Official manual times for entry into the SCHSL State Championship Meet are determined by using three stopwatches per lane. Backup stopwatches may be used in case of watch or timer malfunction. When three watches record different times, the official time is the middle time. When two watches record the same time, that time is the official time. The digits representing thousandths of a second shall be dropped with no rounding. In the case of watch or timer malfunction, the following procedure should be followed:
- i. All manually-timed meets must be set up with three stopwatches per lane and with the intention to record three watch times per swim. This is the primary timing system for a manually-timed meet. If three good watch times are recorded then the official time is the middle time, not the average of the three. A "good" watch time is defined as a time recorded by a timer properly positioned at the finish end of the lane.
 - ii. In case of a malfunction of one of the stopwatches (either through timer error or watch malfunction) then a backup watch from the head timer should be used to time the swim to get three good times.
 - iii. In case of a malfunction, and when the head timer with a backup watch is not able to provide a third time for a swim, the following procedure should be followed:
 1. If only two good watch times are available, then the average (NFHS Swimming Rule 6.2.2) of the two watch times should be recorded as the official time.
 2. The only time that two watch times should be used is in case of a malfunction. Two watch times should be the exception, not the rule.

- b. **Automatic (Electronic) timing.** Official time is the pad time computed to the hundredth of a second. If there is a malfunction of the automatic system, backup times shall be integrated according to NFHS Rules 6-2-3 and 6-2-4.
- c. **Meter times.** Meter times will be converted (for posting and State Meet entries) as specified in the current NFHS Swimming and Diving and Water Polo Rules Book conversion chart
- d. **Certified times for State Championship Meet.** Official qualification times for entry into the State Championship Meet are certified yard or converted meter times from regular season meets that appear on the *Easyware* website (SCHSL SWIMMING LINK). Meet results must be verified and signed by the meet referee and a coach from each participating school. Each team must keep copies of certified meet results in case validation of entry times is required. **Raw times must be submitted to the Easyware website according to the instructions in Section 13.e by the earlier of the two following deadlines:**
 - 1. **within 3 days following a regular season meet, or**
 - 2. **24 hours before the entry deadline for the State Championship meet**
- e. **Submission of Certified Times.** Host team of each meet must send a **COMPLETE MEET BACKUP** within 3 days of the completion of the meet using Easyware software, Easy Meet. Email the following information with the MEET BACKUP: POOL LENGTH, CLASSIFICATION of each team (AAAA, AAA, etc.), and any team that is a NON-MEMBER of the SCHSL, to dabineri@fuse.net

Teams must be designated using the standard 3-letter high school abbreviations listed in AD Notebook on the League website. Use the Easy Team Manager FILE, SETUP screen to enter your 3-letter abbreviation for all meets.

In the case of manually-scored meets (i.e. no software is used), EACH TEAM must send in meet results (times) to dabineri@fuse.net using the spreadsheet posted on goeasyware.com under the SCHSL SWIMMING link.

Only send in **CONSIDERATION** and / or **AUTOMATIC** times.

DO NOT CONVERT TIMES before submitting - those using the spreadsheet will have times converted by D. Abineri. Those using Easy Meet will have them converted by the software.

Times will be posted in rank order at <http://www.goeasyware.com> under SWIMMING LINKS. It is each coach's responsibility to check this site to be sure that the listing is accurate and to promptly report any errors to David Abineri at dabineri@fuse.net.

- f. **State Meet entry times.** The times posted on the *Easyware* website are the official entry times for the State Meet

14. STATE MEET ENTRY PROCEDURES

- a. State Meet entries must use the standard 3-letter high school abbreviation listed on League Website under AD Notebook.
- b. State Meet entry procedures will be emailed to the Athletic Director each school.
- c. **State Meet entries must be received by midnight on the Saturday preceding the State Meet.**

15. STATE MEET INFORMATION

State Championship Meets will be held on October 9. Admission is \$6.00

	<u>Site</u>	<u>Host School</u>
	USC Natatorium, Columbia	
AAAA State Championship Meet	10:40-11:00 amCoaches Meeting	TBA
	11:00-12:00 noon.....Warm-ups	
	12:05 pm.....Start Time	

	<u>Site</u>	<u>Host School</u>
	USC Natatorium, Columbia	
AAA State Championship Meet	4:10-4:30 pmCoaches Meeting	TBA
	4:30-5:30 pm.....Warm-ups	
	5:35 pm.....Start Time	

16. STATE CHAMPIONSHIP MEET ENTRY FEE

A one-time entry fee (per team) of \$20.00 for one swimmer and \$40.00 for two or more swimmers will be charged. **Make check payable to SCHSL and remit to the League by October 8, 2010.** (If you have a boy's and a girl's team made up of 2 or more swimmers on each team, the entry fee is \$80.00).

17. The League will furnish team trophies and medals to the State Champion and Runner-up. Individual medals will be given to the first, second and third-place finishers in each event.

18. REGULATIONS GOVERNING THE STATE CHAMPIONSHIP MEET

- a. Responsibility for local arrangements for the State Championship meet will be left to each participating school.
- b. The meet director will receive an honorarium of \$150.00.
- c. Proceeds from concessions and heat sheets go to the host school.
- d. To be eligible to compete for a Team State Championship, a school must have six participants compete in the State Championship meet. The SCHSL will continue to recognize individual champions.

19. Schools are permitted three weeks of practice May 1-21, 2011.

GIRLS GOLF

1. The League will sponsor a championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification.
2. The Rules of Golf, as approved by the United States Golf Association, shall govern golf competition. Regular season matches shall be limited to nine holes of play.
3. **IMPORTANT DATES:**
 - First Practice July 30
 - First Scrimmage..... August 6
 - First Contest August 23
 - Schedule DueSeptember 1
 - Eligibility Due Seven days prior to first regular season match
4. Golf teams are limited to 16 varsity and 12 JV playing dates, including tournaments. One invitational may be pre-season and start on August 13.

NOTE - If a school is participating in a preseason tournament more than seven days prior to its first regular season game, the certificate of eligibility must be submitted before participation in this tournament.
5. Schools are permitted three weeks of practice May 1-21, 2011.
6. If a female team schedules nine or more dates, then girls participating on these teams will forfeit their eligibility to play boys golf the following spring.
7. The AAA Upper Qualifier will be held at Boscobel Golf Club (864-646-3991) on October 18 (Daniel High School will host.) The AAA Lower Qualifier will be held at TBA on October 18. (Brookland-Cayce High School will host.) Entries for the qualifiers must be submitted to the League Office by October 8. (Form is in the AD Notebook)
8. The qualifying tournaments will be medal play for 18 holes. The top six teams from the upper qualifier and the top six teams from the lower qualifier will advance to the state finals. **Any individual, not on a top six team, that shoots a 90 or lower will advance to the state finals.**
9. The AAA State Championship will be held on October 25-26, 2010 at Quail Creek Golf Club. North Myrtle Beach High School will be the host. The AAA State Tournament will be medal play for two days, thirty-six holes.
10. No cell phones, electronic equipment or range finders are permitted by players or coaches as coaching tools.
11. Regulations for the AAA State Tournament are as follows:
 - a. A team is five players (score the lowest four).
 - b. The High School League will schedule contestants in groups. Copies of the pairings and starting times will be sent to each school.
 - c. Teammates may not play in the same group.
 - d. Caddies are not permitted.
 - e. Coaches will be permitted to confer with their golfers between the green and the next tee provided there is no delay in play.
 - f. Golfers will exchange individual score cards within their groups.

- g. Each golfer will verify and sign her scorecard at the end of the 18 holes.
- h. Any golfer found guilty of signing a scorecard with less strokes than were actually taken will be disqualified for that round.
- i. Contestants must abide by the local club's rules and regulations.
- j. The team having the lowest score will be declared the champion.
- k. In case there is a tie for the championship or medallist, sudden death play will begin on the first hole.
- l. Should a school wish to host a tournament, the request should be sent to the League Office.

12. The Class AAAA State Tournament will held October 25-26 at the Lexington Country Golf Club, (Hosted by Lexington High School) in accordance with AAAA regulations. See the AAAA Handbook for details.

13. The League will furnish trophies and medals to the State Champion and Runner-up in each classification. Medals will be awarded to the medallist and second and third place finishers in each class.

14. Refer to B-6 for closed season regulations.

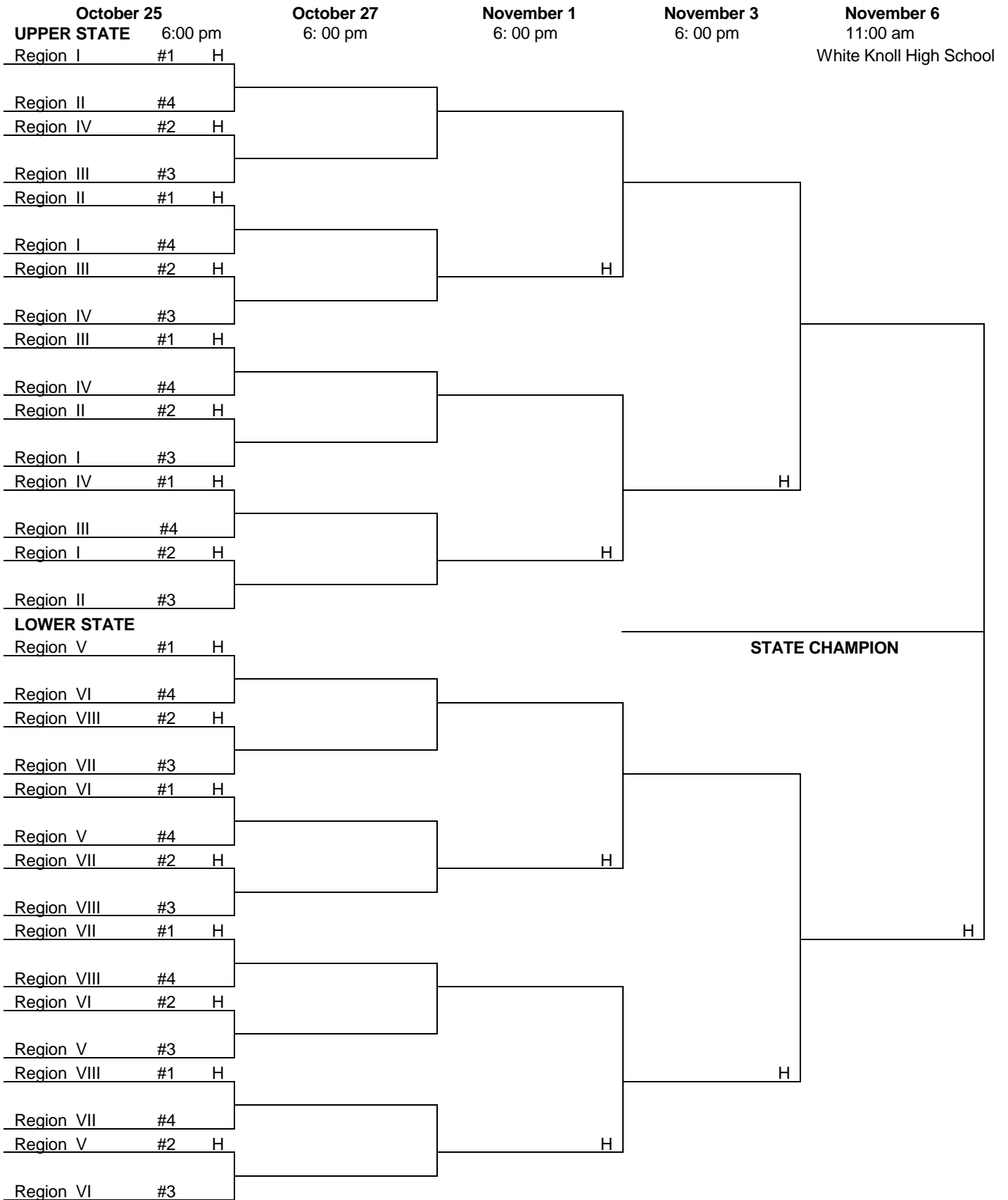
VOLLEYBALL FOR GIRLS

1. The League will sponsor championship play-offs in all four classes.
2. The official rules published by the National Federation will be used along with the following adoptions:
 - a. A 3 out of 5 match may be played when only two schools are involved in a single match.
 - b. A team is limited to five matches a day during post-season play only.
 - c. If a team has not arrived at the tournament site and ready to play at the scheduled time, it will forfeit its initial game in the tournament. If the team has not arrived within fifteen minutes of the scheduled time, the match will be forfeited. For 3 out of 5 matches, wait an additional 15 minutes.
 - d. If a match is suspended due to power failure or other unforeseen circumstances, it will be resumed from the point of suspension. The score and lineup will be the same when it is resumed as it was at the moment of suspension.
3. The head coach must attend a league sponsored rules clinic.
4. **IMPORTANT DATES:**
 - Schedule Due in ArbiterMay 1
 - First PracticeJuly 30
 - First ScrimmageAugust 6
 - Eligibility Due7 days prior to first regular season match
 - First Contest.....August 30

If a school is participating in a preseason tournament more than seven days prior to its first regular season game, the certificate of eligibility must be submitted before participation in this tournament.
5. Schools are permitted three weeks of practice May 1-21, 2011.
6. Certified officials are required for all varsity contests.
7. Instructions for postponing or canceling matches in which certified officials are booked are on page B-58.
8. Varsity volleyball teams will be limited to 18 play dates, four scrimmages and one jamboree. JV teams are allowed 16 JV play dates, two scrimmages and one jamboree. Each invitational entered will count as one of these 18/16 dates. One invitational may be pre-season and start on August 20.
9. Clean and secure dressing facilities must be provided for opponents. A school is responsible, within reason, for the clothing of opponents, but not rings, money, watches, etc.
10. The Executive Committee recommends that spectators not kick or beat bleachers. Signs with the exception of welcome signs will not be permitted beyond region play.
11. Any squad member who leaves the bench area and approaches or engages in a fracas shall be disqualified for the match. For flagrant unsportsmanlike conduct, disqualifications will be for the day. Disqualifications will be reported to the League Office using the ejection report form located in the AD notebook on the League website.

12. Trophies may be awarded to region representatives. Such trophies must not exceed 21 inches in height.
13. Classes AAAA, AAA & AA Play-offs will be in accordance with the regulations found in their Handbook.
14. Class AA will report their representatives to the League Office no later than 9:00 am on October 21.
15. Classes AAAA, AAA & A will report their representatives to the League Office no later than 9:00 am on October 22.
16. Class A Play-off brackets are found B-16. Admission will be \$5.00.
17. The State Finals for all classes will be played on November 6, 2010 at White Knoll High School. Each match will be a 3/5 contest. Admission will be \$8.00.
18. The League will furnish trophies and medals for the State Champion and Runner-up in each of the four classifications.

2010 CLASS A VOLLEYBALL



The team with the highest region finish will host. If two teams have the same region finish, the brackets will determine the host.

CROSS COUNTRY

1. The League will sponsor a boys' and girls' championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification.
2. **IMPORTANT DATES:**
 - First Practice July 30
 - First Scrimmage August 6
 - Eligibility Due 7 days prior to first regular season meet
 - First Contest August 30
 - Schedule Due September 1
 - Deadline to report intentions to compete in the site meet to League Office.
 - AAA, AA and A (Boys and Girls). October 15
 - Qualifying Meets October 30
 - State Meets November 6
3. Schools are permitted three weeks of practice May 1-21, 2011.
4. Cross country teams are limited to 16 varsity meets and 12 junior varsity meets including invitationals. One invitational may be pre-season to start on August 20, 2010.
5. Entries with the names of each runner will be made to the Meet Director on the official entry form. All runners must have completed a minimum of two cross country races prior to entering state competition.
6. **ALL TEAMS MUST QUALIFY FOR THE STATE MEET.**
 - a. AAAA and AAA qualifying will be held in accordance with the regulations in the respective Handbooks and are to be completed by Saturday, October 30. This includes boys and girls. The sites for AAA qualifying meets are: Lower State - Sandhills Research Center (Dreher HS), Upper State – Heritage Park, Simpsonville (Eastside HS). The sites for AAAA qualifying meets are: Upper State – Dorman High School, Mid-State – Sandhill Research Center (Spring Valley HS) and Lower State – Wannamaker, James Island State Park (James Island Charter HS).
 - b. Qualifying for AA and A (boys and girls) will be held on October 30. All schools will participate in an upper or lower state qualifying meet. The top twelve teams competing in each meet will qualify for the State Meet. Also, the top 45 finishers will qualify, even if his or her team does not. Sites for the qualifying meets are: Upper State – Heritage Park, Simpsonville (Eastside HS), and Lower State – Sandhills Research Center (Dreher HS).
 - c. All State Meets will be held on Saturday, November 6 at Sandhills Research Center. Admission is \$5.00 per car.

The schedule will be:

8:00 am.....	Class AAA Girls
8:30 am.....	Class AAA Boys
9:00 am.....	Class AAAA Girls
9:30 am.....	Class AAAA Boys
10:00 am	Presentation of Awards
10:30 am	Class A Girls
11:00 am	Class A Boys
11:30 am	Class AA Girls
12:00 pm	Class AA Boys
12:30 pm	Presentation of Awards

NOTE: In the event that Class A girls do not have their own championship, other races will move up.

The course will be closed at 7:45 A.M. on the day of the meet.

7. Regulations for Qualifying and State Meets.

- a. Individuals or a full team may represent a school.
- b. A team will consist of not less than five nor more than seven members.
- c. Starting positions will be determined by draw.
- d. Team scores will be determined by totaling the numerical position of the first five finishers from each team. The low aggregate scores will determine team winners.
- e. A non-team runner's place will be omitted when determining team scores and each team runner will advance in the order of their finish.
- f. If teams tie, the tie shall be resolved in accordance with the rules book.
- g. The course will be approximately three miles for boys and girls. Flats are the recommended footwear.
- h. No school will be allowed to practice on the course where the state meet takes place unless it is a school's home course.

8. The League will furnish trophies and medals for the State Champion and the State Runner-up in each Class in the Boys' and Girls' Meets. Medals will be awarded to the first three finishers in each Meet.

9. Refer to B-6 for closed season regulations.

COMPETITIVE CHEER

1. The League will sponsor a championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification.
2. The head coach must attend a League sponsored rules clinic.

3. IMPORTANT DATES:

First Date for Practice.....	July 30
First Date for Competition	August 30
Number of Contests Permitted.....	Eight (8) per school (6 Subvarsity)
Deadline for Notification of Entry	October 22
Required minimum number of contests	Two
Qualifying	November 8 - 11
State Competition.....	November 20 at Bi-Lo Center
Eligibility Due.....	7 days before first competition
Spring Practice and/or team selection	15 days permitted (April 5 - May 31)

4. Competitive season ends when a team is eliminated from a qualifier or the state competition. The High School League Executive Committee must approve any exceptions.
5. The National Federation Spirit Rule Book and the South Carolina High School League Competitive Cheer Manual will be used for all South Carolina High School League competitions.
6. The South Carolina High School League strongly recommends that all competitive cheer coaches take the American Association of Cheerleading Coaches and Advisors safety certification course.
7. Each school may enter one team. Members of the competitive team must have been a member of a support cheerleading squad during the school year. All participants must be submitted on an eligibility report to the High School League. Substitutions may be made at any time. Spotters that help within the confines of the routine must be team members. Safety spotters will be provided.

Any team having more than one male will be considered a coed team. A state championship for coed cheer will be provided if 16 or more schools enter state competition.

8. STATE COMPETITION REGULATIONS

a. Competitive Area:

A matted surface with a 38' x 38' minimum will serve as the competitive area. The routine must be performed within the boundaries of the competitive area. Only coaches, competitors, and officials are permitted in the competitive area.

b. Order of Competition:

The order of competition for the state finals will be determined by the South Carolina High School League.

Upon the judge's signal, the routine must begin within thirty seconds. There will be a five-point deduction for delay of the meet.

c. Procedures:

The announcer prior to their performance will call teams to the competitive area. Three teams will be announced each time - "Performing", "On-Deck", and "In the Hole".

9. Ticket Prices:

\$5.00	Qualifiers
\$8.00	State Finals

FOOTBALL

1. The League will sponsor championship play-offs in all classes.
2. National Federation Rules shall govern all contests and may be obtained from the League Office.
3. The head coach must attend a League sponsored rules clinic.

4. IMPORTANT DATES

Schedule Due.....	May 1
First Practice	July 30 (Helmets only)
	August 3 (May wear hip, shoulder, thigh & knee pads)
First Scrimmage	August 5
Eligibility Due	7 days prior to first game
First Contest.....	August 19 (week 0)
	August 26 (week 1)

5. Practice Information:

- a. A school shall not permit contact practice in pads or otherwise between its last game and August 3. Pads include padding of any kind on the shoulders, hips or thighs.

NOTE: Schools are permitted three weeks of practice May 1-21.

- The first three (3) days of spring practice (*and the first three days of fall practice*) will be in helmets only.
 - During the first three (3) days of “helmets only” practices sleds and ground dummies may be used.
 - No hand shields, arm shields, and/or stand up dummies of any kind may be used during the first three (3) days of spring or fall (*pre-season*) practice.
 - During any practice(s) beyond the first 3 days of spring practice, a coach may equip his players in any combination of pads that he prefers for a period of up to ten (10) days. (*Ten (10) days is the maximum amount of time in pads.*) Schools are not required to be in helmets only or in full pads only; any combination may be used. During the time of practice in pads (full or combination of pads) the use of **all** football equipment is permitted.
 - Middle school students may **NOT** take part in the high school practices, if players are wearing any equipment other than helmets. If players are equipped with more than helmets, middle school athletes must hold their practices apart from the high school. (*They could be on the same field, but away from the high school practices.*)
 - Rising 9th graders, (*8th graders*), are **NOT** 9th graders until school is out for the year, thus they may **NOT** take part in contact drills of the high school.
 - Schools **MAY** charge admission for a spring practice (game)
- b. High school programs may practice in full gear and use all field equipment beginning August 3.
 - c. Air type or foam filled dummies will be permitted during any practice between June 1, 2010 and July 22, 2011.
 - d. All contests below the varsity level must end before the last regularly scheduled game of the varsity team. Sub-varsity teams must complete their schedule prior to the day of the first round of play-offs in that sport; exception: Class AAAA football.
 - e. A student taking part in an illegal football practice will be ineligible for the following football season.
 - f. **Passing Leagues**
Players may not wear padding of any kind during the 7 on 7 passing league competition. (i.e. no girdles, hip, thigh or tailbone protection) Only helmets, pants, jerseys, shoes and socks may be worn. Middle school teams may not participate in passing leagues.

g. Pre-season Football Practice Opportunities

- 1.) No high school shall participate in more than 29 practice sessions prior to their first game. This includes game week.
- 2.) Any practice session over three hours constitutes two practices. (Exception: three way scrimmages)
- 3.) Any scrimmage or jamboree constitutes a practice.
- 4.) Practices on Saturday and Sunday also count.
- 5.) A full-contact practice is defined as football pants, pads and shoulder pads.
- 6.) This will in no way affect the starting date of fall practice as set by the High School League.

6. Home Team Responsibilities:

- a. The home team will determine the starting time, within reason.
- b. Schools must certify to the League Office that its chain crew and ECO have been properly instructed. The crews need to be responsible adults.**
- c. The policing of the sidelines is a home team responsibility. If cheerleaders, statisticians, etc. are allowed along the sidelines, a parallel line five yards from the sidelines must restrict their movement toward the field. News media may move within 2 yards of the sidelines provided a line is placed 2 yards from the sidelines.
- d. **Clean and secure** dressing facilities must be provided for opponents and officials. A school is responsible, within reason, for the clothing of opponents, but not rings, money, watches, etc.
- e. Game management is responsible for clearing the field of play and the end zones at the beginning of each half so play may begin at the scheduled time. A five yard penalty will be assessed the home team if there is any delay.

7. Game Official Responsibilities:

- a. Officials certified by the League must be used in all varsity games. An ECO will not be assigned unless a school requests one. Instructions for postponing or canceling games in which certified officials are booked are printed on page B-62.
 - b. Officials are required to be present one and one half hours prior to game time for all varsity games. The Executive Committee strongly advises the host school to furnish hotel or motel accommodations for the officials. If school facilities are used, they must be sanitary and include chairs, showers, hot water and a place that can be locked.
 - c. After the game, officials must be met on the field by uniformed policeman and escorted safely from the stadium vicinity.
8. A team may not schedule more than one game in any week nor participate in more than one game in any four-day period, except it may play a postponed game on Monday and a pre-season scheduled game on Thursday. A football player is eligible to participate in one JV and one varsity game per week not to exceed eight quarters.
9. A school or student shall not play in more than 11 varsity or 10 JV games to be completed prior to the play-offs or take part in any post-season game that is not part of the state championship series.
10. Varsity teams are allowed to participate in four pre-season scrimmages and one approved football jamboree. A school may elect to participate in a second or third varsity jamboree instead of one or two of the four allowed scrimmages. Sub-varsity teams are allowed two scrimmages and one approved football jamboree.
11. No game at any level may end in a tie. In case of a tie at the end of regulation, the Ten Yard Line Overtime Procedure as printed in the National Federation Football Rules Book shall be used.
12. All football games above the junior high school level and below the senior high school varsity level will be played in four quarters of not more than 10 minutes each. 7th and 8th grade teams will play 8-minute quarters.

13. Cannons and/or other explosive devices are banned from ALL athletic events.
14. Any squad member who leaves the bench area and approaches or engages in a fracas shall be disqualified.
15. The deadline for Classes AAA, AA and A to declare their region representatives is November 1.

16. Regulations Governing State Play-Offs:

- a. All games will be played on Friday night at either 7:30 pm or 8:00 pm with the decision being left up to the home team. Both teams will have to agree to any other change.

NOTE: If games are scheduled on Thursdays because of school sharing playing facilities the changes still apply.

- b. The sites of the games mentioned below will be left to the discretion of the host schools, but they will be expected to hold the games in stadiums with adequate facilities and large enough to handle the crowds. Adequate facilities include a restraining fence around the field or a stadium configuration that allows for control of spectator access to the playing area.

MINIMUM SEATING REQUIREMENTS FOR PLAY-OFFS			
Class	First and Second Round	Third Round and Semifinals	Finals
A.....	1,000	1,500.....	2,000
AA	2,300	3,200.....	4,000
AAA	3,500	4,500.....	6,000
AAAA.....	4,000	5,000.....	6,000

If the above minimum seating is not available, a stadium with a smaller seating capacity may be used with the approval of the Commissioner provided the stadium has a restraining fence around the playing field.

- c. The host school will obtain pre-numbered tickets for play-off games. The admission price for all classes will be \$6.00. Exception: The admission price for all State Finals will be \$8.00 pre-sale and \$10.00 at the gate. If state or county law requires a seat tax, it will be added to these admissions, but will not be included in the gross proceeds as mentioned in paragraph e. All seats are general admission except the host school may offer reserved seat tickets to season ticket holders who had reserved seats during the regular season. Seats for the bands may be reserved.

d. An ECO will be assigned.

- e. Disbursement of Proceeds will be in accordance with the financial statement in the Athletics Director's notebook.
- f. If the host team chooses not to host the game, it will be offered to the visitors. If neither team chooses to host the game, the League will set it and the teams will share the expenses equally.
- g. Within 15 days following the play-off, the host school will send copies of the financial statement to the League and the visiting school.
- h. The home team will wear dark jerseys unless other satisfactory arrangements are made in writing with the visiting team.
- i. Broadcast fees are a part of the gross gate receipts. Information on broadcast fees is on page A-34.
- j. The Ten Yard Line Overtime Procedure as printed in the Football Rules Book (pages 91 - 92) shall be used to break a tie in all elimination games.

17. The League will furnish trophies and medals for the State Champion and State Runner-up in each of the four classifications.

**2010 CLASS A FOOTBALL
Divisions I & II**

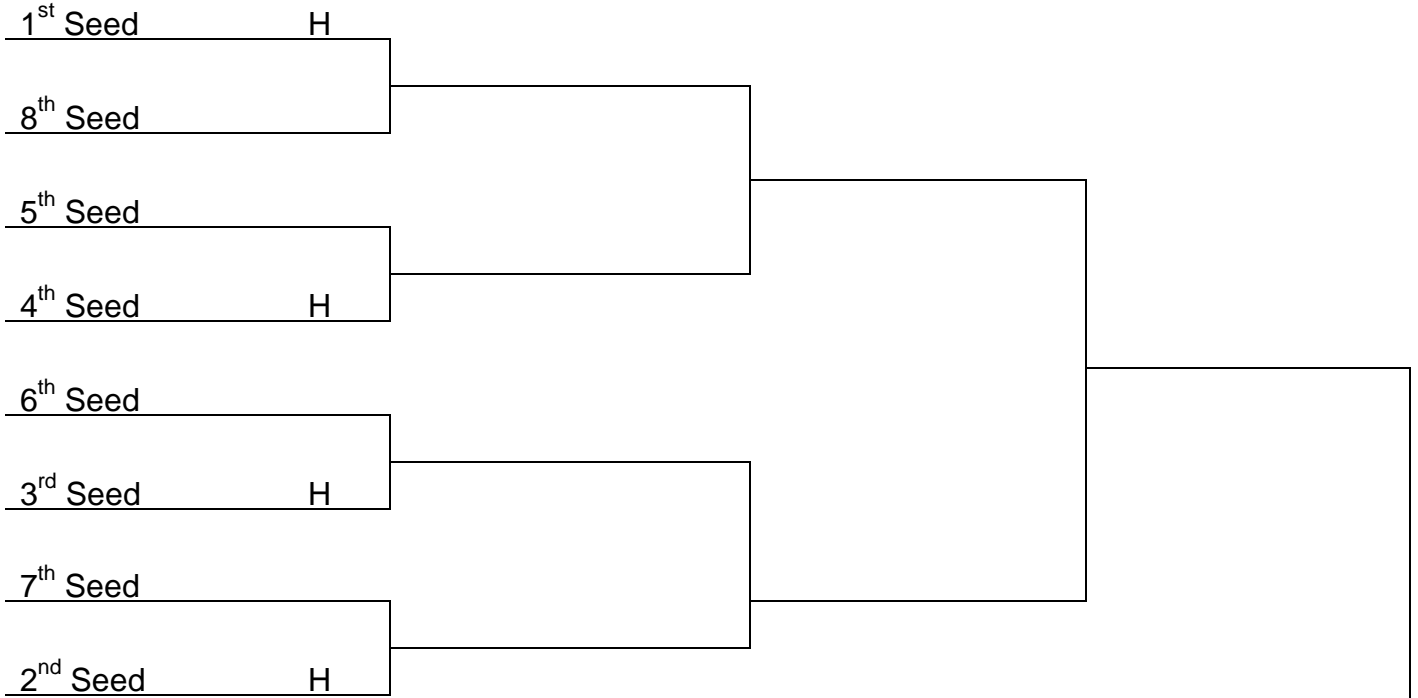
November 5

November 12

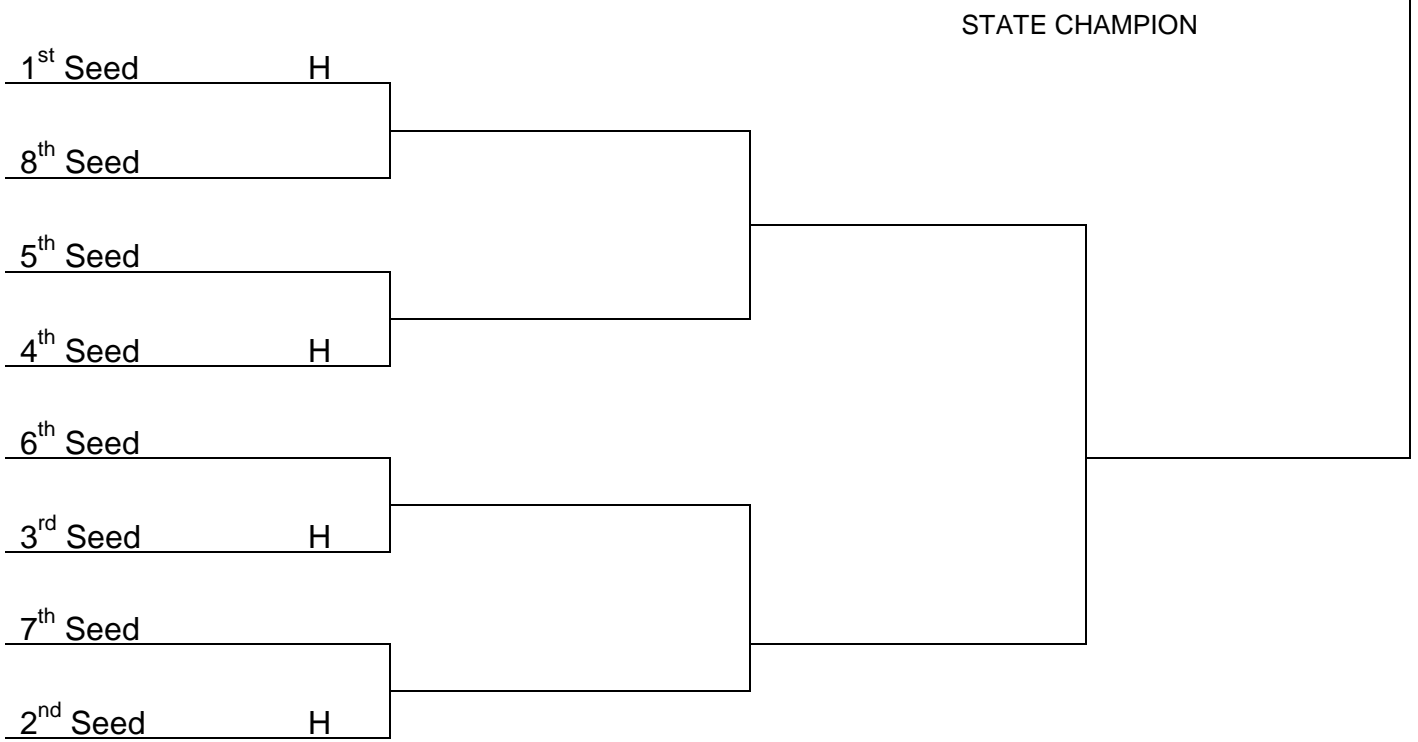
November 19

November 26
Benedict College
Columbia

UPPER STATE



LOWER STATE



STATE CHAMPION

Higher seeded team will host. Coin toss to decide Home Team for State Finals

WRESTLING

1. The League will sponsor a championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification.

2. National Federation Wrestling Rules shall govern all wrestling in South Carolina except as modified by League Regulations.

NOTE: Schools are reminded of the uniform requirements specified in the rules.

NOTE: The rules strongly recommend that protective headgear be used in all practices. The headgear will be required in all competition.

3. The head coach must attend a League sponsored rules clinic.

4. **IMPORTANT DATES:**

Schedule Due.....October 1

First PracticeNovember 1

First ScrimmageNovember 8

First Contest.....November 29

Eligibility Due7 days prior to first regular season match

If a school is participating in a preseason tournament more than seven days prior to its first regular season match, the certificate of eligibility must be submitted before participation in this tournament.

NOTE: Second semester eligibility begins when first semester classes are dismissed, grades are final and when the student is added to the certificate of eligibility form signed by the principal.

5. Officials certified by the League must be used in all varsity matches. Instructions for postponing or canceling matches in which certified officials are booked are printed on B-62.

6. Weight Classes will be as listed in the rules book.

NOTE: A student may not wrestle more than one class above his actual weight.

NOTE: A school may enter only one contestant in each weight division.

7. **WEIGHT CONTROL:**

Weight Management program for 2010-11 season:

a. Test Date - June 1st will be the first date that testing may occur for the upcoming wrestling season. A school assessor can test athletes during the summer months and then put the information in the Optimal Performance Calculator on the NWCA website (www.nwcaonline.com).

b. Testing Athletes - All wrestlers in grades 9-12 will be tested by an assessor and have their data entered into the OPC.

c. Competition Data Weigh In Sheet- Beginning in the 2010-11 season, the SCHSL will mandate the use of a competition data Weigh In sheet for all weigh-ins. To access this sheet, login into the OPC through www.nwcaonline.com. Under the Coaches Tab at the top, you can select "Competition Date/Record Sheet". Select that option. On the next page, use the first link that says "Create Pre-Match Weigh-in Sheet". Click on that link. Enter in the date of the competition you want to make a weigh in sheet for and the name and click "NEXT". Print off the list of wrestlers created. .

d. Documentation - Each head coach will be responsible for having an Alpha Master Sheet and Competition Data Weigh In Sheet.. The Alpha Master sheet contains a list of all wrestlers who have passed the test and give the minimum weight that they can compete in the season. The Competition Data Weigh In Sheet is a list of the lowest weight class that your wrestlers can be on the day of that competition. These sheets can be printed off the NWCA Website using the coach's username and password that they receive when they register their school with the NWCA.

- e. Competition - No athlete may compete in an event until they have had their minimum weight established on the OPC and their name appears on the Alpha Master *and Competition Data Weigh in Sheet*. To do so, this means that they have passed hydration and had the skin fold test completed.
- f. Assessors and Test administrators- A test administrator is a certified official who does the actual testing. This group includes certified school trainers, nurses, and doctors. An assessor is the person who actually puts the data into the OPC on the NWCA website. This person CAN be the test administrator, or any other school personnel chosen by the athletic director. However, the assessor CANNOT be the actual wrestling coach.
- g. Materials - To complete testing, you must have a refract meter to measure the urine sample and a set of skin calipers. The refractor meter can be either the optical or digital type.
- h. Re-testing - If an athlete fails the hydration, they must wait at least 48 hours before they are tested again. *The Litmus test for urine hydration is not allowed.*
- i. Margin of Error - South Carolina will use a 2% margin of error for determining the minimum weight of a wrestler. This 2% will only be used for athletes who have 7% body fat or higher. The margin of error will be calculated automatically on the OPC for the state of South Carolina.
- j. Athletes below 7% Body Fat- Athletes who measure below 7% body fat will wrestle at the weight class they establish during their hydration and body fat test. There is no exception that will allow athletes below 7% to drop down in weight.
- k. Doctor's Note - Athlete's who are below 7% body fat will need a doctor's note to compete. The doctor's note should be taken to every event and the coach should be able to produce it if questioned. There will not be a specific form used by the doctor. All that is needed is the doctor's statement that the athlete is below 7% body fat and is healthy enough to compete in wrestling.
- l. Ineligible Wrestlers - Athletes who are ineligible to compete first semester can still have their minimum weight established as early as June 1st.
- m. Growth Allowance - South Carolina will still use a 2-pound growth allowance. Wrestlers will be given a 2-pound growth allowance to their minimum weight classes on January 1st. However, the 2-pound growth allowance cannot help a wrestler establish a minimum weight class.
 - a. EXAMPLE- A wrestler's minimum weight on the OPC is 126.3. This athlete cannot_ wrestle 125 on January 7th after the two pounds have been given and the weight class becomes 127.
- n. Establishing Minimum Weight Class - All wrestlers must be at their minimum weight class by February 1st, 2011. The OPC must simply allow the wrestler to make that minimum weight by final date.
- o. Moving up in Weight Classes - A wrestler may weigh in one weight class above their minimum weight class at the date of competition as indicated on the Competition Date Weigh In Sheet without losing certification at the lower weight class.
- p. Coaches Responsibility - It is the responsibility of the coaches to follow all the procedures and make sure they wrestle their athletes in the appropriate weight classes at the appropriate times. Wrestling an athlete at an improper weight class will subject to team to SCHSL penalties.
- q. The Official - The official is being used to record the wrestlers' correct net weight on the Data Competition Weigh In Sheet. The official has no other roll in the weight management system.

NOTE: The use of a sweatbox or similar box device for weight reduction purposes is prohibited. Refer to wrestling rules book for other restrictions.

- 8. Wrestling teams will be limited to 16 varsity and 12 JV playing dates during the regular season. Each invitational entered will count as one of these 16 dates. One invitational may be pre-season, as early as November 19.

- a. Any wrestler who has received a forfeit during a dual match may not wrestle at any time during the match.
- b. The SCHSL recommends during any qualifying and State Tournament, at least one adult must be at each scoring table.
- c. The High School League strongly recommends that contracts be used when scheduling non-region dual matches.
- d. Weigh-in procedures will not delay the start of a match. Refer to H.
- e. A school may send more than one team to a varsity event provided that school counts those separate events as two of their 16 dates.
- f. Weigh-ins: In a dual meet, wrestlers shall weigh-in shoulder-to-shoulder, a maximum of one hour before the scheduled start of the meet. In tournament competition, contestants shall weigh-in at the site a maximum of two hours before the first session begins.
- g. Sub-varsity matches may not start later than twenty minutes prior to the varsity match.
- h. Starting Time: If a team is not ready at the scheduled starting time, one team point will be deducted. If neither team is ready, the home team will have two team points deducted and the visitor will have one team point deducted.
- i. The SCHSL recommends coaches need to communicate the day prior to a match to determine which weight classes will wrestle preliminaries and varsity matches.
- j. A forfeit shall eliminate a contestant from further competition in any tournament including region or qualifying.

9. The League will sponsor a State Championship Duals Tournament in Classes AAAA, AAA, AA, & A. The following formats will be used:

- a. Class AAAA will qualify in accordance with AAAA Regulations.

Class AAAA Dual Championship	Dreher High School	February 12 6:00 pm
Lower State Individual Qualifying	Fort Dorchester High School	February 18-19
Upper State Individual Qualifying	Northwestern High School	February 18-19
Individual State Finals	Anderson Convention Center	February 25-26

- b. Class AAA will qualify in accordance with AAA regulations.

Class AAA Dual Championship	Dreher High School	February 12 3:30 pm
Lower State Individual Qualifying	North Myrtle Beach High School	February 18-19
Upper State Individual Qualifying	Eastside High School	February 18-19
Individual State Finals	Anderson Convention Center	February 25-26

- c. Class AA seeding meeting will be January 27, 2011 at 10:00 am at the League office. Seeding Committee: Chris Strickland, Daniel Westmoreland, Tommy Britt, Jerry Nurbo, Ray Adkins, Steve Carruth.

Class AA Dual Championship	Dreher High School	February 12 1:00 pm
Lower State Individual Qualifying	Swansea High School	February 18-19
Upper State Individual Qualifying	Crescent High School	February 18-19
Individual State Finals	Anderson Convention Center	February 25-26

- d. Class A will send bracket to the League office by February 11, 2011. AA & A schools will be permitted to enter one competitor in each weight class at the Upper and Lower State Qualifying Tournament. Last day to wrestle for Class A will be February 4.

Class A Dual Semi-Finals	Ninety-Six High School	February 5
Class A Dual Championship	Dreher View High School	February 12 11:00 am
Lower State Individual Qualifying	Swansea High School	February 18-19
Upper State Individual Qualifying	Crescent High School	February 18-19
Individual State Finals	Anderson Convention Center	February 25-26

- e. **State Championship** - The State Individual Tournament will be held on February 25-26. The top qualifier in each weight division from the Upper State will be paired against the fourth qualifier from the Lower State and others will be paired accordingly.

10. Regulations Governing State Tournaments:

- a. Responsibility for local arrangements for the State Wrestling Tournament will be left to each participating school. An admission of \$6.00 on Friday and \$8.00 on Saturday will be charged.
- b. The tournament director for state individuals will receive \$450.00. The head official and High School League Director will decide any questions not answered in the official wrestling rules or in these regulations.
- c. The State Individual Tournament will have an entry fee of \$25.00. **Checks are due to the League Office by February 25. (Make checks payable to SCHSL)**
- d. Proceeds from concessions go to the host school. Proceeds from program sales and advertising will be part of the tournament receipts.

11. The League will furnish trophies and medals to the State Champion and State Runner-up in each competing class. Medals will be awarded to individuals winning first, second, and third places in each weight class.

12. Refer to B-6 for defined sports season regulations.

13. Schools are permitted three weeks of practice September 1 - 21, 2010.

14. Admissions:

Regular Season Duals:	Set by school
Play-offs (Duals):.....	\$5.00
State Finals (Duals).....	\$6.00
Upper & Lower State Individuals:	\$6.00 / per day
State Individual Finals:	\$6.00 / Friday
	\$8.00 / Saturday

CLASS A WRESTLING DUALS

February 5

February 5

February 5

February 12

Ridge View HS

11:00 am

UPPER STATE

1st Seed

8th Seed

5th Seed

4th Seed

3rd Seed

6th Seed

7th Seed

2nd Seed

One-day tournament at TBA High School.
One Team from Upper will advance to finals on February 12

Upper State Champion

LOWER STATE

1st Seed

8th Seed

5th Seed

4th Seed

3rd Seed

6th Seed

7th Seed

2nd Seed

One-day tournament at TBA High School.
One Team from Upper will advance to finals on February 12

STATE CHAMPION

Lower State Champion

Higher seeded team will host.

BASKETBALL

1. The League will sponsor state basketball play-offs for boys and girls in each of the four classes.
2. Official rules published by the National Federation may be obtained from the League. By state adoption "the head coach may rise in front of his or her seat within the confines of a designated coaches box to give instructions to his or her players and/or substitutes."
3. The head coach must attend a League sponsored rules clinic.
4. **IMPORTANT DATES:**

Schedule Due.....October 1
First PracticeNovember 1
First ScrimmageNovember 8
First Contest.....November 29
Eligibility Due.....7 days prior to the first regular season game.

If a school is participating in a preseason tournament more than seven days prior to its first regular season game, the certificate of eligibility must be submitted before participation in this tournament.

5. Home Team Responsibilities:
 - a. The principal of the host school will prohibit the use of loud noisemakers, i.e. cowbell, air horns, radios and musical instruments. The tournament director will forbid noisemakers during tournament play.
 - b. Cheerleaders must be in the bleachers except during full time-outs, end of quarters and half time. Mascots are considered cheerleaders. Megaphones for cheering purposes will be used only by cheerleaders. Jewelry will not be worn at any time. **Each school is responsible for enforcement of these regulations.**
 - c. Pep bands or musical entertainment may be permitted prior to the game, during halftime or following the game. Under no circumstances will any musical instruments be used at any other time.
 - d. Clean and secure dressing facilities must be provided for opponents and officials. A school is responsible, within reason, for the clothing of opponents, but not rings, money, watches, etc.
 - e. A uniformed policeman shall meet the officials at the scorer's table after the game and escort them to their dressing room or car and see them safely on their way.
6. Contest Restrictions:
 - a. Each school is permitted to participate in one approved varsity pre-season basketball jamboree. A school may elect to participate in a second or third jamboree instead of one or two of the four allowable scrimmages. If a school does not participate in a Christmas Invitational Tournament, one of the four allowable scrimmages may be held during the Christmas Holidays.
 - b. All classes are allowed 18 regular season games and two tournaments or 20 regular season games and one tournament. Varsity teams are allowed two tournaments, four scrimmages and one jamboree. JV teams are allowed 16 games, two tournaments, two scrimmages and one jamboree. Tournaments may be played beginning November 19 for each level of participation.
 - c. A team may not participate in games on more than three school days (Monday through Friday) except in tournament play leading to the State Championship. One of these days must be a Friday. A student has the same limitation on playing, as does a team.
 - d. Students will be restricted to one game per day except they may play in two games in one day in an invitational tournament. There must be a minimum of one hour's rest between games.

NOTE: Students seeking second semester eligibility are eligible to participate the second semester when first semester classes are dismissed, grades are final and when the student is added to the certificate of eligibility form signed by the principal.

NOTE: If a region has a duly constituted basketball regulation automatically giving the regular season winner a position in the State Play-Offs, the region may order teams that are tied for first place to break the tie by a sudden death plan provided the tied teams split during the regular season. This play-off will be considered part of the State Play-offs and a financial statement must be submitted to the League Office.

NOTE: Basketball games postponed because of inclement weather must be rescheduled on the next available date. In case of an emergency that causes postponement of a basketball game and the game cannot be made up under our present rules, the Commissioner will have authority to grant permission to reschedule the game.

- e. All games must start at their scheduled times. If two varsity games are being played, the first game must start no later than 7:00 P.M. The second game will begin within 20 minutes after the conclusion of the first game.
 - f. Overtime periods for all games played in quarters of less than eight minutes will be three minutes each.
 - g. All JV, "B", junior high school or middle school games will be played in four quarters of six minutes each with intermissions of one minute after first and third quarters and eight minutes between halves.
 - h. The High School League strongly recommends the use of contracts for non-region games.
7. All teams must be accompanied by an adult who must be present at all times that dressing rooms are in use.
8. Any team member who leaves the bench and approaches/engages in a fracas shall be disqualified from the game.
9. Officials, certified by the League, must be used in all varsity games. The League Office will not book sub-varsity games. Instructions for postponing or canceling games for which certified officials are booked are on page B-62.
10. The region will select the site for any play leading toward the region championship. Region trophies must not exceed 21 inches in height.
11. Classes AAAA, AAA & AA play-offs will be held in accordance with conference regulations.
12. Class A will qualify four boys' teams and four girls' teams from each region for the state play-offs.
- a. By Feb. 12, region coordinators or tournament directors must report qualifying teams to the League Office.
13. The League Office will set sites for the third and fourth round games in Class A and fourth round for Class AA.
14. **STATE PLAY-OFF REGULATIONS**
- a. Twenty-five school personnel and varsity cheerleaders in uniform will be admitted without charge. All other persons must have tickets.
 - b. No school may practice at the site of a state play-off game unless the site is on its campus.
 - c. Bands, musical instruments, radios, tape players, cowbells, air horns, megaphones (other than those used by cheerleaders) or other offensive noisemakers will not be permitted. Signs, banners or flags will not be permitted.

- d. A request to broadcast must be submitted to the League at least six hours prior to the game. The League reserves the right to accept or reject the application. Advertising tobacco, alcoholic beverages and related products will not be authorized. Fees and information on broadcasting events are on pages A-34. If uniforms do not contrast, the home team will change unless their uniform is white. Teams must bring two sets of jerseys.
- e. An admission of \$10.00 will be charged for the fourth round and the State Finals in all classes. All other sessions will be \$5.00. A seat tax required by state or county law may be added but will not be included in the gross receipts as mentioned in item one below.
- f. Gate receipts will be distributed according to the financial statements in the Athletics Director's notebook.

MINIMUM SEATING REQUIREMENTS FOR PLAY-OFFS

<u>Class</u>	<u>Third Round</u>	<u>Semifinals</u>
A	Neutral Site (1,500)	(1,500) Neutral Site
AA	1,500	(1,500) Neutral Site
AAA.....	1,500	(1,500) Neutral Site
AAAA	1,500	(1,500) Neutral Site

* There will be no minimum seating for girls. Host schools will be expected to hold the games in gymnasiums with adequate facilities and large enough to handle the crowds. Any exceptions to the above minimum seating requirements will be left to the discretion of the Executive Director.

- 15. The League will furnish trophies and medals for the State Champion and Runner-up teams in each of the four classifications.
- 16. A coach may coach an outside team and use school facilities. Refer to B-6 for additional regulations.
- 17. Schools are permitted three weeks of practice September 1-21, 2010.
- 18. A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets for approval as part of the sanctioning process in basketball, baseball, softball, tennis and soccer. (Maximum 10 consecutive days for a tournament)

Varsity Basketball

- Maximum of eight games can be played in a combination of the two tournaments
- If you choose to play more than four games in any one tournament this will constitute having played a second tournament.

JV Basketball

- Maximum of eight games can be played in a combination of the two tournaments
- If you choose to play more than four games in any one tournament this will constitute having played a second tournament
- JV level does not have the option to trade in one tournament for additional regular season contests

2011 CLASS A BASKETBALL

7:00 pm Feb. 14 (girls)
7:00 pm Feb. 15 (boys)

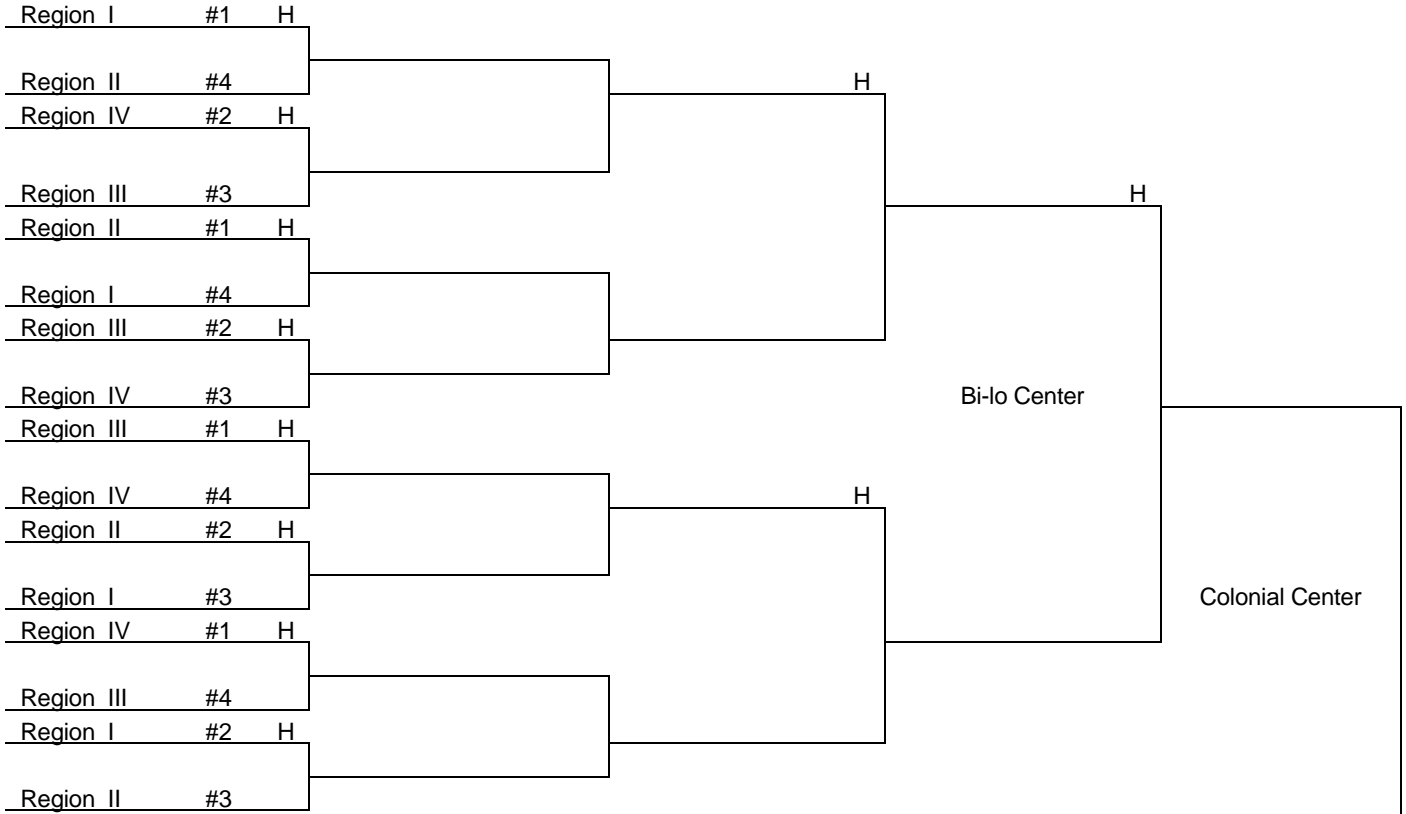
7:00 pm Feb. 17 (girls)
7:00 pm Feb. 18 (boys)

7:00 pm Feb. 21 (girls)
7:00 pm Feb. 22 (boys)

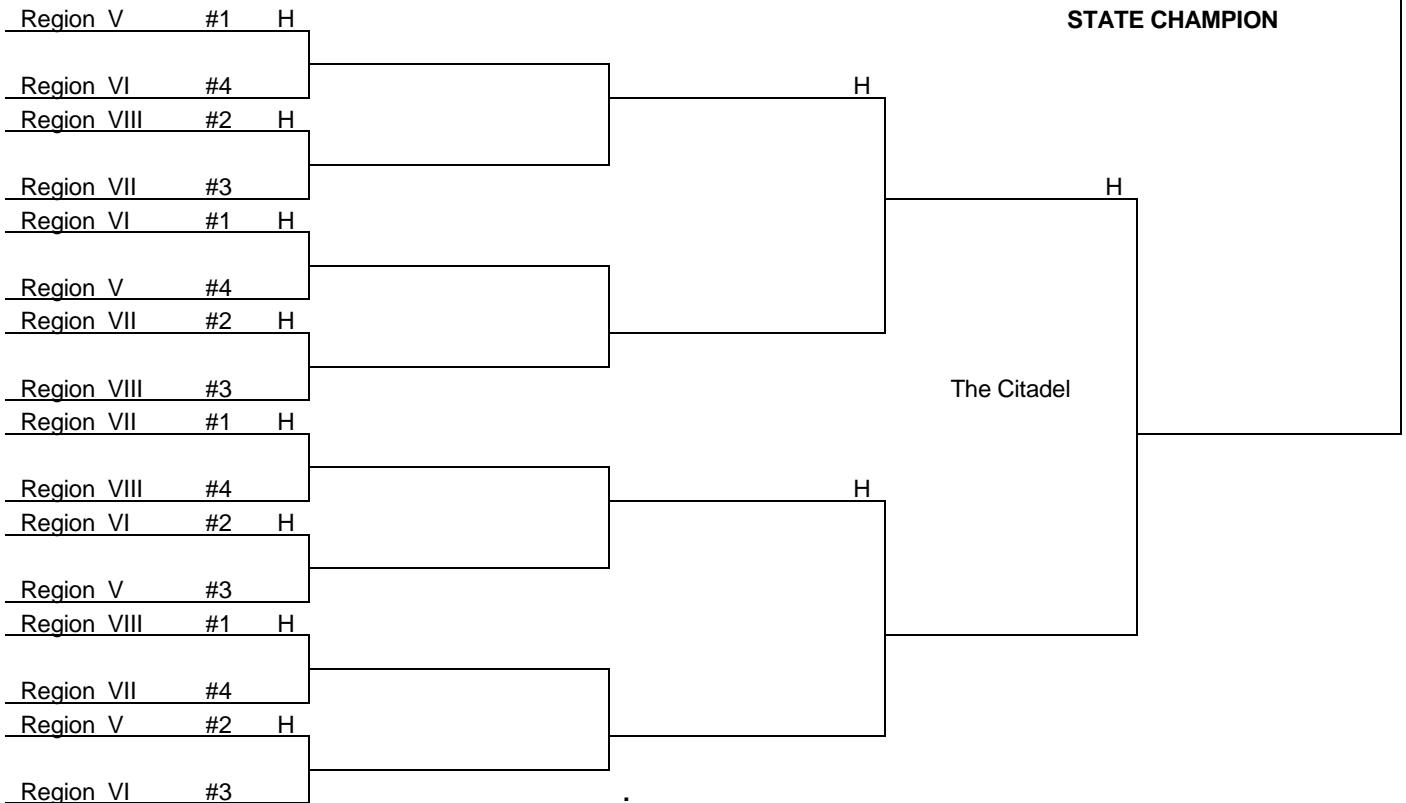
11:00 am Feb. 26 (girls)
12:30 pm Feb. 26 (boys)

11:00 am March 5 (girls)
1:00 pm March 5 (boys)

UPPER STATE



LOWER STATE



The team with the highest region finish will host. If two teams have the same region finish, the brackets will determine the host.

BOYS & GIRLS LACROSSE

1. National Federation Rules for Boys Lacrosse and the official Rules for Girls & Women's Lacrosse endorsed by the National Federation shall govern lacrosse games when not covered by the SCHSL rules. The rules books may be obtained from the League office.
2. The League will sponsor a girls' and boys' open championship.
3. Girls and boys lacrosse are considered contact sports by the SCHSL.
4. **The head coach must attend a League sponsored rules clinic. There will be separate clinics for boy coaches and girls coaches.**

5. **IMPORTANT DATES:**

Schedule Due (In Arbiter).....	January 24
First Practice	January 24
First Scrimmage	January 31
Eligibility Due	Seven days prior to first game
First Date for Preseason Tournament.....	February 11
First Contest.....	February 21

If a school is participating in a preseason tournament more than seven days prior to its first regular season game, the certificate of eligibility must be submitted before participation in this tournament.

6. Varsity lacrosse teams are allowed 12 regular season games and two tournaments or 14 regular season games and one tournament. Varsity teams are allowed two tournaments, four scrimmages and one jamboree. JV teams are allowed 8 games, two tournaments, two scrimmages and one jamboree. Tournament(s) may be pre-season and start on February 11.
7. Sub-varsity must complete their schedule prior to April 6, 2011.
8. Certified officials are required for all varsity contests. There will be a minimum of two officials for each contest. Instructions for postponing or canceling games for which certified officials are booked are printed on page B-62. Last date to play a varsity lacrosse match is April 2, 2011.
9. Boys and girls deadline to report is 9:00 am on April 4. Form is located in the AD Notebook.
10. A selection /seeding committee meeting will be held at 10:00 am on April 4 at the League office. Bracket will be posted on the League website on the afternoon of April 4.
11. The girls and boys semi-finals will be played at home sites. State Finals will be played at White Knoll High School on April 16. Play-off admission will be \$5.00. State Finals will be \$8.00.
12. The League will furnish trophies and medals to the State Champion and Runner-up.
13. Student athletes will be restricted to one game per day except they may play in two games in one day in an invitational tournament. There must be a minimum of one-hour rest between games.
14. A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets as part of the sanctioning process in basketball, baseball, softball, tennis, lacrosse and soccer. (Maximum 10 consecutive days for a tournament)

15. Schools are permitted three weeks of practice November 1 - 21, 2010.

Boys Lacrosse Only: The first three days of November practice for boys lacrosse shall be in shorts and helmets. Of the remaining 18 days of November practice, a maximum of 10 days may be in full gear. Gloves may be worn on all 21 days.

Varsity Lacrosse

- Maximum of ten games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament. (Reference #6 for limitations)

JV Lacrosse

- Maximum of ten games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament (Reference #6 for limitations)
- JV level does not have the option to trade in one tournament for additional regular season contests

TENNIS

1. The League will sponsor girls' and boys' championships in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification. In addition to the team competition, a AAAA - AAA and a AA - A Singles Tournament will also be held. These tournaments will be exclusive of the team competition.
2. Girls' teams will play in the fall of the year and boys' teams will play in the spring. Should a school not have a girls' team, a girl can play on the boys' team in the spring. No student may participate in both seasons in the same school year.
3. The head coach must attend a League sponsored rules clinic.
4. The rules of the United States Tennis Association will apply when not covered by High School League rules.
5. Each match will be two no-ad sets with a 10-point tie-breaker played to decide the match if the sets are split. A set tie-breaker will be a 7-point tie-breaker. Pro-Set scoring (8 games, 7-point tie-breaker at 7-7) is permitted once the match has been decided. This includes the regular season and play-offs. (Any exception will result in both teams forfeiting.)
6. Team competition will consist of 5 singles and 2 doubles teams. Only two players may play both singles and doubles during the same dual match. A player may play on only one doubles team in a dual match. (Any exception will result in a team forfeit, 7-0)
7. All players will be required to compete in a school issued shirt. Appropriate tennis apparel is expected (cut-offs and jeans are not considered appropriate tennis apparel). Bandanas are not permitted.

IMPORTANT DATES:

	Girls Tennis	Boys Tennis
First Practice	July 30	January 31
First Scrimmage.....	August 6.....	February 7
Schedule Due	September 1	March 1
Eligibility Due	7 days prior to first regular season match	
First Contest	August 30.....	March 7
Deadline to Report Qualifying Teams	October 26	May 3
Play-Offs	Oct. 28, Nov. 2, 4, 6.....	May 5, 10, 12, 14
Deadline to Report Open Singles Entries ...	October 29	May 6
State Singles Tournaments	November 12-13.....	May 20-21

8. All classes are allowed 16 varsity regular season matches and two tournaments or 18 regular season matches and one tournament. Varsity teams are also allowed four scrimmages and one jamboree. JV teams are allowed 14 matches, two tournaments, two scrimmages and one jamboree. Tournaments may be pre-season and start on August 20 (girls) and February 25 (boys).
9. **GIRLS TENNIS ONLY** - School are permitted three weeks of practice May 1-21, 2011.
BOYS TENNIS ONLY - School are permitted three weeks of practice November 1-21, 2010.

10. Coaching (by the head coach only) will be permitted during the 90-second changeover between odd numbered games. Coaching will be limited to 45 seconds and the coach must remain outside the fence. Coaching is also allowed during the rest period following split sets. This conference is limited to two minutes. No coaching is allowed during a tie-breaker.
11. Spectators, including players not participating, must stay a minimum of 3 feet away from the fenced area.
12. Players whose names appear on free lists and who accept merchandise are ineligible to participate in interscholastic athletics.
13. No cell phones or any electronic equipment is permitted by players or coaches as coaching tools.
14. In all phases of competition, coaches must play their singles participants and doubles teams in descending order of ability. Challenge matches will determine this order. **THE FOLLOWING GUIDELINES MUST BE FOLLOWED:**
 - a. Players shall be ranked according to their head to head competition. Each coach shall maintain a dated copy of all challenge matches. You must use a minimum 6 total game challenge format to establish the initial ladder. Two no-ad sets with a 10-point tiebreaker must be used after the initial ladder is established.
 - b. A player may challenge up only one position per challenge match.
 - c. **First doubles team shall always have a combined rank (based on the singles rank), which will be lower than that of the second team by a difference of at least 3 points. If the total ranking number is less than 3 points, a challenge match shall determine which team plays as #2 and which as #1.**
 - d. Temporary illness or absence of any player shall not change rules a and b. When a player is out, all players must move up to fill the space with any forfeits at the bottom of the lineup. When that player returns, he/she must return in their original position.
 - e. **NOTE: a, b, c, d - FAILURE TO COMPLY WILL RESULT IN A TEAM FORFEIT (7-0).**
 - f. A coach who questions the relative order of the opponents lineup, may request to see the challenge records. Coaches must bring all challenge match data, as well as all previous individual and team scores, to every interscholastic match played. This includes the play-offs. Any challenge matches that change the line-up must be documented, dated and signed by the coach. If these records are not made available at the contest in question, the concerned coach may file a written protest with the High School League. The League will then expect the challenged coach to present the records. If records cannot be properly submitted, a forfeit will be imposed.
 - g. Once the play-offs begin, the singles ladder may not be changed. **ANY EXCEPTION WILL RESULT IN A TEAM FORFEIT (7-0).**
 - h. It is recommended that all schools secure and use scorebooks to insure proper record keeping.
 - i. Once a match has begun, a player may not leave the court except for the following reasons:
 1. Bona fide bathroom break.
 2. To replace equipment (shoes, contact lens). If such player exceeds the time allowed (5 minutes), they will be subject to the point penalty system. 25 seconds will be allowed for each delay of game penalty. For example, warning - 25 seconds; point - 25 seconds; game - 25 seconds; match - 25 seconds.
 3. Leaving the court for reasons other than #1 or #2 will result in a forfeit of that match.

- j. Any serious unsportsmanlike act will result in an immediate disqualification. Examples are, but are not limited to: vulgar or abusive language or gestures, throwing racket, or fighting.**
15. The League will sponsor three boys' state tournaments and four girls' state tournaments. Classes AAAA play-offs will be in accordance with the AAAA Conference regulations. Class AAA play-offs will be in accordance with the AAA Conference regulations. Class AA (boys and girls) play-offs will be in accordance with the AA Conference regulations.
 16. Class A boys teams will compete in the AA State Tournament since they do not have twelve schools participating. Qualifying of Class A boys teams will be through the eight AA regions. Brackets are found on page B-39. Class A girls will have an open tournament. Brackets are found on page B-40. Class A girls' teams submit entry form to League Office by October 22.
 17. (Girls and Boys). A dated challenge ladder must be submitted to the League Office by noon of the first playoff date. Failure to submit the tennis ladder by the deadline will result in a \$25.00 fine. This form is located in the AD Notebook.
 18. The first, second and semifinal rounds of all play-offs will be played at the site of a host school. The finals will be played at a site set by the League Office.
 19. All regions will qualify their best singles player for the Singles Tournaments. Regions that have both AA and A teams are reminded that they will have two automatic qualifiers for the singles tournament (One representing AA and one representing A). Regions will also have the opportunity to submit in order of ability additional players for at large consideration. The number chosen will be the number needed to fill a 32-player draw for the AAAA-AAA Tournament and a 16-player draw for the AA-A Tournament. The League Staff will use the following criteria for the at large selection process:
 - a. Recommendations from regions submitted in writing. Information on season records and opponents should be included.
 - b. USTA rankings in South Carolina.
 20. Regular season scoring will be used for the State Singles Tournaments.
 - a. A player who is not present for a match within 15 minutes of the scheduled time will forfeit the match.
 - b. A player is entitled to an hour's rest between matches. Warm-up time will be limited to 10 minutes.
 - c. Any changes in the schedule will be left to the discretion of the tournament director.
 21. A letter of entry from the region coordinator for the singles tournament must be received in the League office by October 29 (girls) and May 6 (boys). If this deadline is missed, a \$25.00 late entry fee will be assessed.
 22. The League will furnish trophies and medals to the State Champion and Runner-up in each competing class. Medals will be awarded to the individuals winning first and second places in the Singles competition and first place in the consolation bracket.
 23. A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets for approval as part of the sanctioning process in basketball, baseball, softball, lacrosse, tennis and soccer. (Maximum 10 consecutive days for a tournament).

Varsity

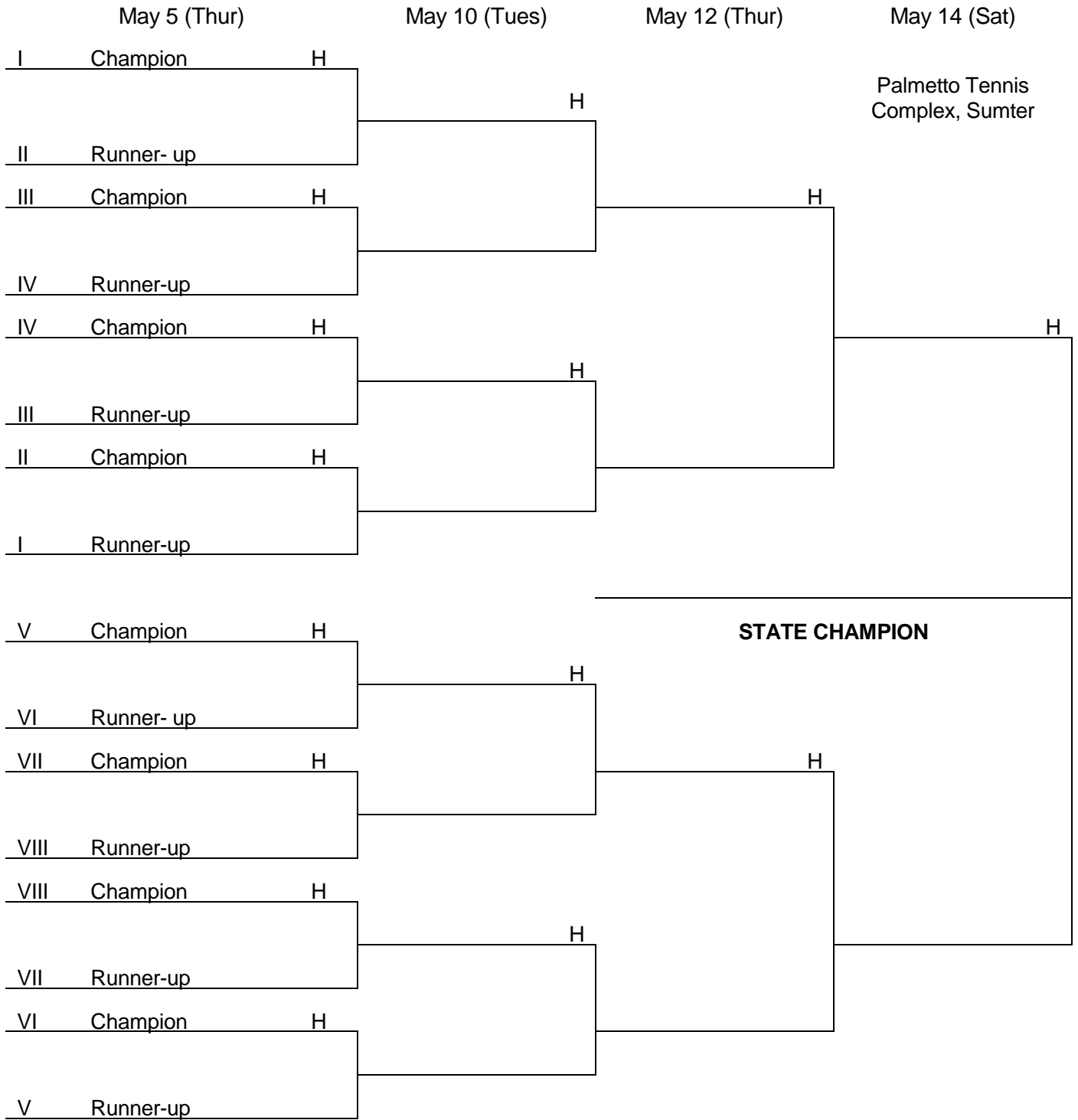
- Maximum of 10 games can be played in a combination of the two tournaments.
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament

JV

- Maximum of 10 games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament
- JV level does not have the option to trade in one tournament for additional regular season contests

24. Refer to B-6 for closed season regulations.

2011 CLASS AA-A BOYS TENNIS



If a region champion is playing a runner-up in the second and third rounds, they will host even if in conflict with the bracket.

CLASS A GIRL'S TENNIS

October 28 (Thur)

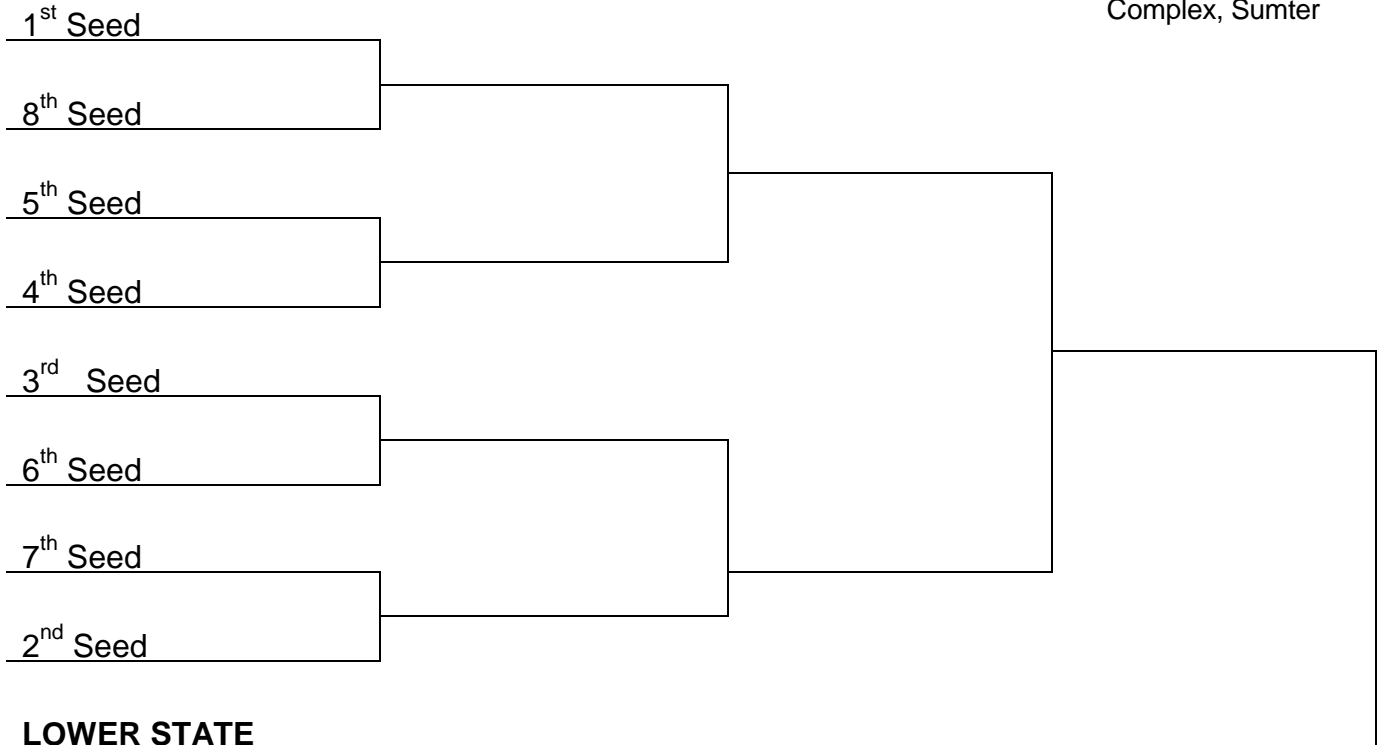
November 2 (Tues)

November 4 (Thur)

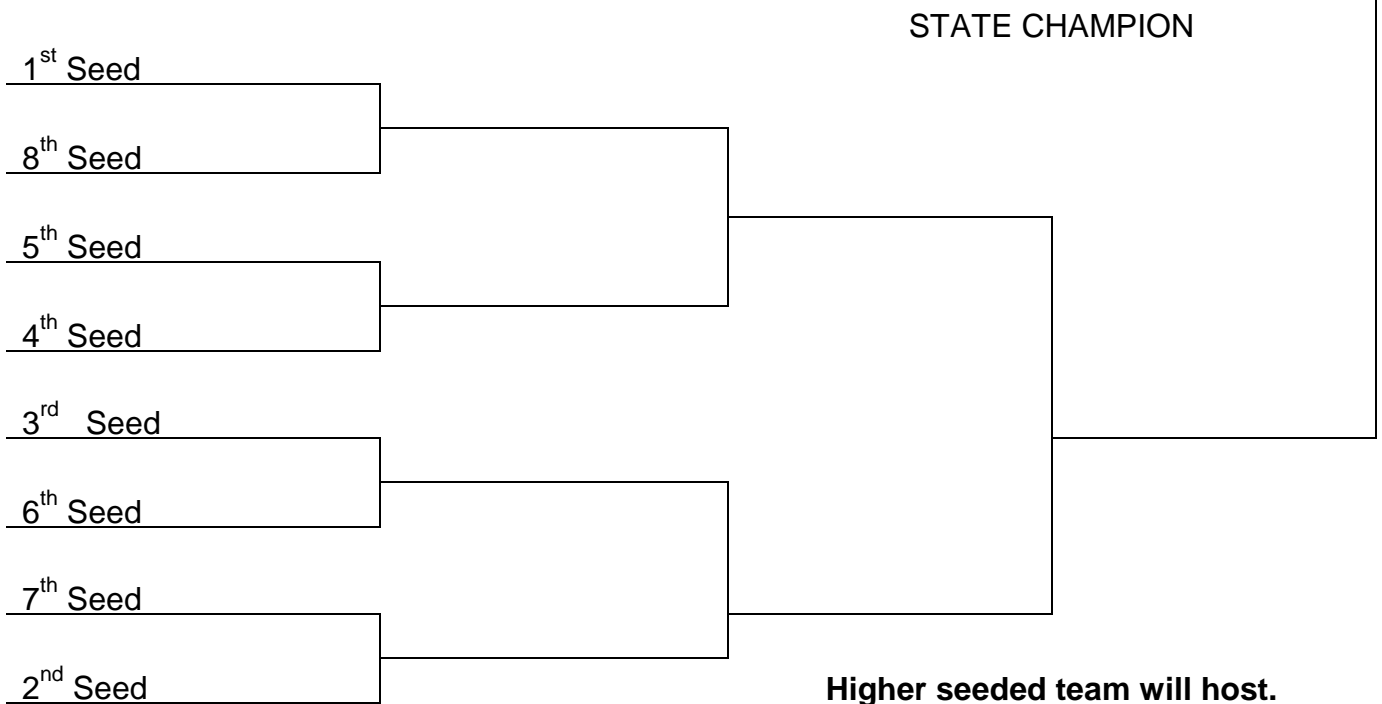
November 6 (Sat)

UPPER STATE

Palmetto Tennis
Complex, Sumter



LOWER STATE



Higher seeded team will host.

BOYS GOLF

1. The League will sponsor a championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification.
2. The Rules of Golf, as approved by the United States Golf Association, shall govern golf competition. Regular season dates shall be limited to nine holes of play.
3. **IMPORTANT DATES:**
 - First Practice January 31
 - First Scrimmage February 7
 - Schedule Due March 1
 - Eligibility Due Seven days prior to first regular season match
 - First Contest March 7
4. Golf teams are limited to 16 varsity and 12 JV playing dates, including tournaments. One invitational may be pre-season and start on February 25.
5. **NOTE** - If a school is participating in a preseason tournament more than seven days prior to its first regular season game, the certificate of eligibility must be submitted before participation in this tournament.
6. The Class A State Tournament will be held at Wellman Country Club (Johnsonville) on May 2-3, 2011. April 29 is the deadline for reporting Class A region qualifiers to tournament director. At this time the numbers of schools participating does not require a qualifying tournament.
7. The Class AA State Tournament will be held TBA. Class AA regions will qualify two teams for the State Tournament. Two individuals from a non-qualifying team in each region will advance to the State Tournament. May 3 is the deadline for reporting Class AA region qualifiers to the tournament director.
8. The Boys Class AAA State Tournament will be held at Quail Creek Golf Club (Hosted by North Myrtle Beach High School) on May 16-17 in accordance with AAA regulations. See the AAA Handbook for details.
9. The Boys Class AAAA State Tournament will be held at Furman University on May 16-17 in accordance with AAAA regulations. See the AAAA Handbook for details.
10. No cell phones, range finders or electronic equipment is permitted for coaching purposes.
11. Regulations for State Tournaments are as follows (AA & A):
 - a.) A team is five players (score the lowest four).
 - b.) The State Tournaments will be medal play for 36 holes. Eighteen holes will be played on consecutive days.
 - c.) The Tournament Director will schedule contestants in groups. Copies of the pairings and starting times will be sent to each school.

- d.) Teammates may not play in the same group.
- e.) Caddies are not permitted.
- f.) Coaches will be permitted to confer with their golfers between the green and the next tee provided there is no delay in play.
- g.) Golfers will exchange individual score cards within their groups.
- h.) Each golfer will verify and sign his scorecard at the end of each 18 holes.
- i.) Any golfer found guilty of signing a scorecard with less strokes than were actually taken will be disqualified for that round.
- j.) Contestants must abide by the local club's rules and regulations.
- k.) The team having the lowest score will be declared the champion.
- l.) In case there is a tie for the championship or medallist, sudden death play will begin on the first hole.
- m.) Should a school wish to host a tournament, the request should be sent to the League Office.

12. The League will furnish trophies and medals to the State Champion and Runner-up in each classification. Medals will be awarded to the medallist and second and third place finishers in each class.

13. Schools are permitted three weeks of practice November 1-21, 2010.

14. Refer to B-6 for closed season regulations.

TRACK AND FIELD

1. National Federation Rules shall govern all track and field meets.
2. The League will sponsor a girls' and boys' championship in each class.
3. **The head coach must attend a League sponsored rules clinic.**
4. **IMPORTANT DATES:**
 - First PracticeJanuary 31
 - First ScrimmageFebruary 7
 - Schedule DueFebruary 1
 - Eligibility DueSeven days prior to first meet
 - First ContestMarch 7
 - Region Track Directors MeetingApril 13 (9:00 am)
5. Track teams are limited to 16 varsity and 12 JV meets, including invitationals. One invitational may be pre-season and start on February 25.
6. By state adoption, no athlete will be permitted to wear jewelry while participating in an event.
7. The League considers the qualifying meets (region and upper/lower state or qualifying) to be part of the State Final Series. The forty-eight hour appeal limitation does not apply until after the finals. However, region qualifying appeals will not be heard after the start of the upper/lower state or qualifying meet.
8. **REGION MEET REGULATIONS:**
 - a. A student must have participated in at least two regular season track meets prior to entering region qualifying leading to the State Meet. The High School League Executive Committee must make any exceptions.
 - b. Be sure that everyone clearly understands Rule 5-9-2. Being listed as one of the six members of a relay team does not count as an event unless the competitor actually participates. Remind them that an athlete may not participate in more than **four** events. He or she may be listed in **two** individual events and as a member of **three** relay teams. However, once **this** athlete participates in **two** of these relays he/she is not eligible for the other relay.
 - c. The rules for the pole vault must be enforced. Specifically, the vaulter's weight shall be at or below the manufacturer's pole rating. The manufacturer's pole rating shall be visible in a one-inch contrasting color, as well as a one-inch circular band indicating the maximum top hand-hold position. Pole rating markings are to be located above the hand-hold band. The coach of a vaulter must verify that the athlete is utilizing the appropriate pole and must be able to certify the vaulter's actual weight to the event judge. The weight of each vaulter must be supplied to the event judge and entered on the event sheet.
 - d. Schools must register their contestants (using both first and last names) with the region track chairperson by a date set by the chairperson. The region chairperson in turn will report all contestants to the Upper or Lower State Meet Directors. The best performances of each event in region meets must be sent to the director of the Upper or Lower State Meet. This information is requested in order that contestants may be placed in heats. A form will be sent to all track chairpersons for making this report. First and last names will be used in reporting all qualifiers.

- e. The deadline to report region qualifiers to the Upper and Lower State Meet Directors is May 2 for all classes. A region may qualify four contestants in each event for the Upper or Lower State Meet, and four contestants in each event will be qualified from these meets for the State Finals. No more than four contestants from any school may be entered in any event in the region meet. A school may enter one team in each relay.

NOTE: AAAA & AAA qualifying meets will be held in accordance with the regulations in the respective handbooks.

- f. In the event there are regions involved in the preliminaries having only one high school entered, the list of entries must be sent to the meet director at the time entries are sent by regions. No changes will be allowed for any school after the list has been finalized.
- g. All throwing implements will be chosen/designated by the Meet Director and/or event judge for competition.

9. UPPER AND LOWER STATE MEET REGULATIONS:

- a. These meets will be held on May 7.
- b. Qualifiers for the Upper and Lower State Meets will be reported to the directors of these meets. The Upper and Lower State Meet Directors will report their qualifiers directly to the League Office. FIRST AND LAST NAMES AND GRADE LEVELS will be used in reporting all qualifiers.
- c. The Upper and Lower State Meet Directors will secure competent officials. Meets must have a referee, exchange zone judges and turn judges. The decision of the judges will be final. No protest will be allowed unless violation of track or eligibility rules occurs.
- d. In all meets that qualify contestants for the State Track Meet, these rules will be followed in the shot put, discus, triple jump and long jump. Each competitor shall be allowed three preliminary trials. The six competitors credited with the best performances will be given three final trials. The four competitors with the best performances will qualify for the State Meet. All throwing implements will be chosen/designated by the Meet Director and/or event judge for competition.
- e. Contestants must be ready at the scheduled time of their events. If not, the Meet Director will scratch them. A contestant will not be allowed to compete unless he/she is in a legal track uniform.
- f. An admission of \$5.00 will be charged for Upper and Lower State Meets. The meet director must submit a financial statement to the League Office.
- g. Sites for upper and lower state qualifying will be determined by each classification.

h. SITES FOR UPPER AND LOWER STATE QUALIFYING:

AAAA Qualifying Meet	Spring Valley High School
AAA Qualifying Meet	Lower Richland High School (Dreher High School)
AA - UPPER	Broome High School
AA - LOWER	Bishop England High School
A - UPPER	Landrum High School
A - LOWER	TBA (Johnsonville High School)

i. **RECOMMENDED TIME SCHEDULE FOR UPPER AND LOWER STATE QUALIFYING:**

11:00 am	Field Events	12:40 pm	400 Meter Relay
	Boys Long Jump followed by Triple Jump	12:55 pm	3200 Meter Relay
	Girls Long Jump followed by Triple Jump	1:45 pm	100 Meter Hurdle Finals
	Boys Shot followed by Girls Shot	1:55 pm	110 Meter Hurdle Finals
	Girls Pole Vault followed by Boys Pole Vault	2:05 pm	100 Meter Dash Finals
	Boys High Jump followed by Girls High Jump	2:15 pm	1600 Meter Run
	Girls Discus followed by Boys Discus	2:30 pm	400 Meter Run
11:15 am	100 Meter Hurdle Trials	2:50 pm	400 Meter Hurdle
11:25 am	110 Meter Hurdle Trials	3:10 pm	800 Meter Run
11:35 am	100 Meter Dash Trials	3:20 pm	200 Meter Run Finals
12:20 pm	200 Meter Dash Trials	3:30 pm	3200 Meter Run
		4:00 pm	1600 Meter Relay

- j. In the **400 meter hurdles**, the distance from the starting line to the first hurdle is 45 meters. The distance between hurdles is 35 meters and the distance from the last hurdle to the finish line is 40 meters. The number of hurdles is 10. The height for boys is 36 inches and for girls it is 30 inches.

10. **STATE TRACK MEET REGULATIONS:**

- a. The State Meet will be held on May 14 & 15.
b. Eight places will score in the State Meet as follows:

First place	10 points	Fifth Place	4 points
Second place	8 points	Sixth Place	3 points
Third place	6 points	Seventh Place	2 points
Fourth place	5 points	Eighth Place	1 point

NOTE: The high jump will begin 2 inches below the lowest qualifying height of the contestants entered in the event.

NOTE: The bar for the high jump will be raised 2 inches until a winner is determined.

NOTE: The minimum qualifying height in the pole vault event for girls is 7' 0" and for boys 9' 0". The pole vault will begin 6 inches below the lowest qualifying height.

NOTE: The maximum starting height in the pole vault event for girls is 9' 6" and for boys 12' 6".

NOTE: The bar for the pole vault will be raised 6 inches until a winner is determined.

- c. Only rubber-soled shoes may be used for the shot put and discus. Track flats or spikes that do not exceed $\frac{1}{4}$ " spikes may be used for the pole vault, high jump, long jump and all running events.
d. **NO ONE WILL BE ALLOWED IN THE TRACK AREA EXCEPT CONTESTANTS IN UNIFORM AND OFFICIALS.**
e. An admission of \$5.00 on Friday and \$8.00 on Saturday will be charged to everyone except those participating in the State Finals.
f. In the shot put, discus, triple jump and long jump, each competitor will be allowed six trials.

- g. During the week of the state meet no school may practice at the site of this meet unless the site is on its campus.

NOTE: All throwing implements & relay batons will be chosen/designated by the Meet Director and/or event judge for competition.

11. Because of differences in starting procedures, jumping pits, throwing circles, tracks, watches, etc. the following regulations govern State Track Records:
 - a. Records may be broken only in the State Meet.
 - b. Metal or fiberglass tapes will be used and all records will be measured and certified by the meet director or referee, the head field judge and the person running the event.
 - c. A record must meet the requirements of National Federation Edition of the Track and Field Rules.
12. The League will furnish trophies and medals for the State Champion and Runner-up in each classification. Medals will be given to first, second and third place finishers in each event.
13. Schools are permitted three weeks of practice November 1-21, 2010.
14. Refer to B-6 for closed season regulations.

BASEBALL

1. National Federation Baseball Rules will be used in all games. The following speed-up rules may be used.
 - a. The pitcher and/or catcher may have a courtesy runner if indicated at the pre-game conference. This change can be made any time after they reach base. Refer to the National Federation Baseball Rules book or regulations.

2. The head coach must attend a League sponsored rules clinic.

3. Certified umpires must be used in all varsity games. Games will be played even though only one umpire is present. Instructions for postponing or canceling games are printed on page B-62.

4. **IMPORTANT DATES:**

Schedule Due.....	February 1
First Practice	January 31
First Scrimmage	February 7
Eligibility Due	7 days prior to first regular season game
First Contest.....	March 7

If a school is participating in a preseason tournament, the certificate of eligibility must be submitted before participation in this tournament.

5. All classes are allowed 16 regular season games and two tournaments or 18 regular season games and one tournament. Varsity teams are allowed two tournaments, four scrimmages and one jamboree. JV teams are allowed 14 games, two tournaments, two scrimmages and one jamboree. One tournament may be pre-season and start on February 25.

6. Pitchers are limited to 10 innings pitched during any 3 consecutive day period. If this rule is violated, the pitcher is considered an ineligible player and the game will be forfeited. One pitch beyond the 10 innings constitutes a violation of this rule.

7. Varsity games must be scheduled for 7 innings. If a double header is played, the games may be scheduled for 5 innings.

8. The game will end any time after 5 innings, or after 4 ½ innings when a team is 10 or more runs behind and has completed its term at bat.

9. Games that are called prior to completion will be considered suspended games under the following circumstances:

- a. It is not a regulation game.
- b. It is a regulation game with a tied score. **Suspended games will be resumed from the point of interruption.**
- c. A game will be declared a forfeit after a 30-minute waiting period for opponent, unless other arrangements have been made.

10. If the game is called (ended) by the umpire, it is a regulation game:

- a. if five full innings have been played or if the home team has scored an equal or greater number of runs in four or four and a fraction turns at bat than the visiting team has scored in five turns at bat; or
- b. if play has gone beyond five full innings. If the game is called when the teams have not had an equal number of completed turns at bat, the score shall be the same as it was at the end of the last completed inning; except that if the home team in its half of the incomplete inning, scores a run (or runs) which equals or exceeds the opponent's score the final score shall be record when the game is called.

11. When a protest is filed, the offended team must enter it at the time of the play and before the next pitch. The umpire-in-chief shall report the protest to the League Office along with all related conditions at the time of the protested play. If a protest is upheld the game will be replayed from the time of the protest.
12. April 27 is the deadline for declaring region champions and runners-up in Class AA and A.
13. Region schedules will be arranged so that the last region game will be played one week before the deadline for declaring champions and runners-up. This way, postponed games may be played without hardship on any team.
14. **Postponed games during the regular season will be made up on the next available playing date unless one team has a scheduled game.**
15. Individual players who are 7th through 10th grades will be allowed to play in 20 regular season contests and two tournaments.
16. The League will sponsor a state championship series in all classes.
 - a. **Classes AAAA, AAA and A** - Qualifiers will be in accordance with regulations in their Handbooks.
 - b. **Class A** - Each region will qualify four teams for the play-offs. The winner in each district tournament will then advance to an upper and lower state tournament.
 1. Gate receipts will be distributed according to the financial statement in the A. D. Notebook.
 2. Admission is \$5.00 for playoffs. Admission is \$6.00 for State Championship games.
 3. The host school is responsible for securing umpires through the local booking secretary. Three officials will be used if available.
17. Schools are permitted three weeks of practice November 1-21, 2010.
18. A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets as part of the sanctioning process in basketball, baseball, lacrosse, softball, tennis and soccer. (Maximum 10 consecutive days for a tournament)

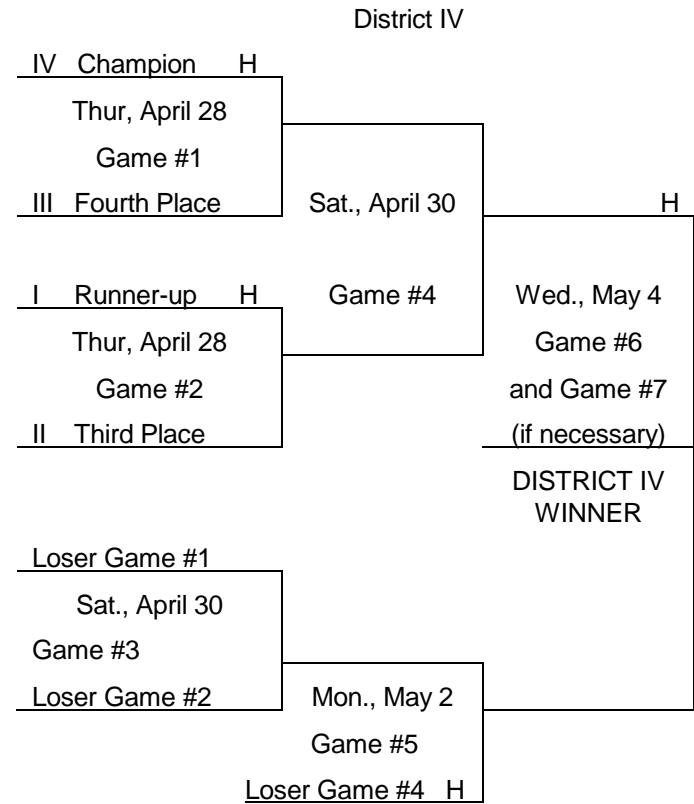
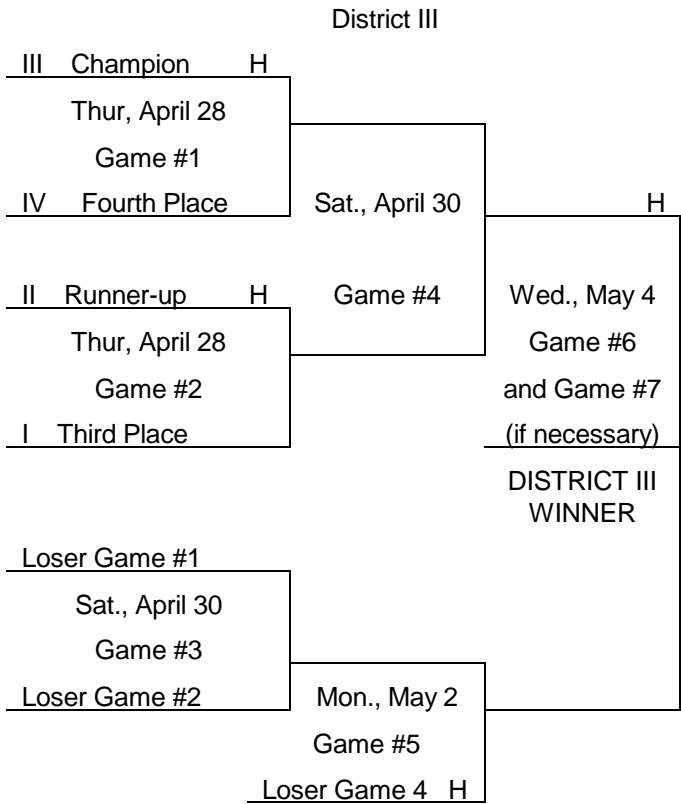
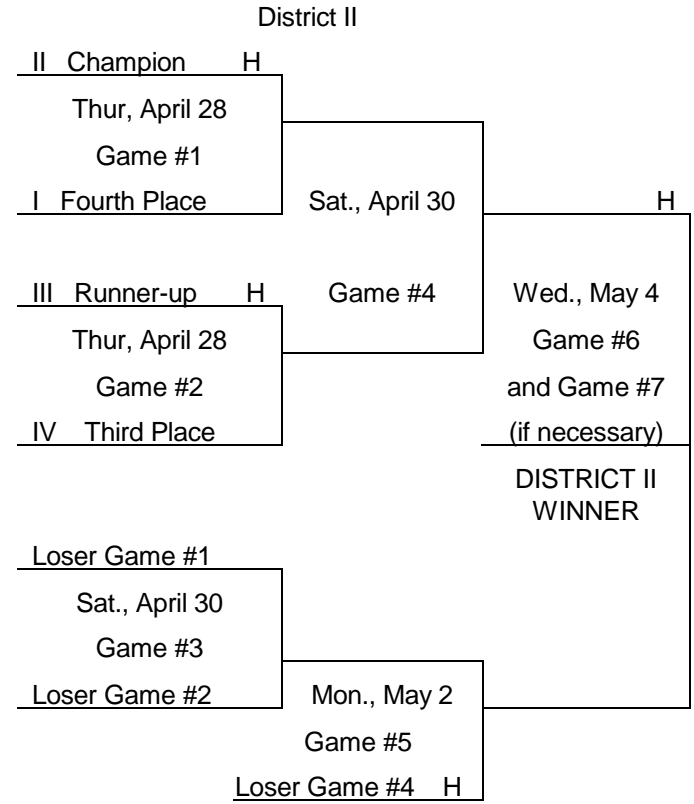
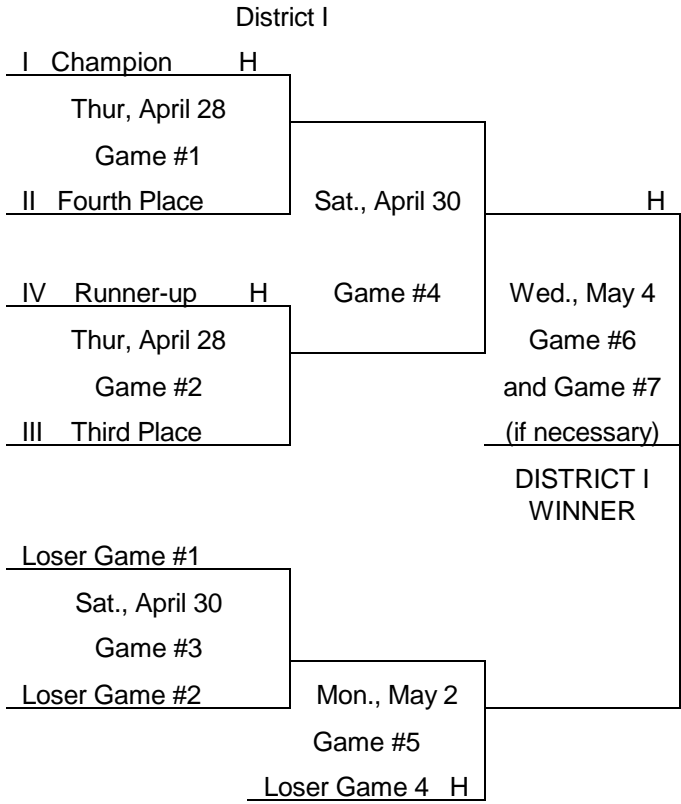
Varsity

- Maximum of 10 games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament

JV

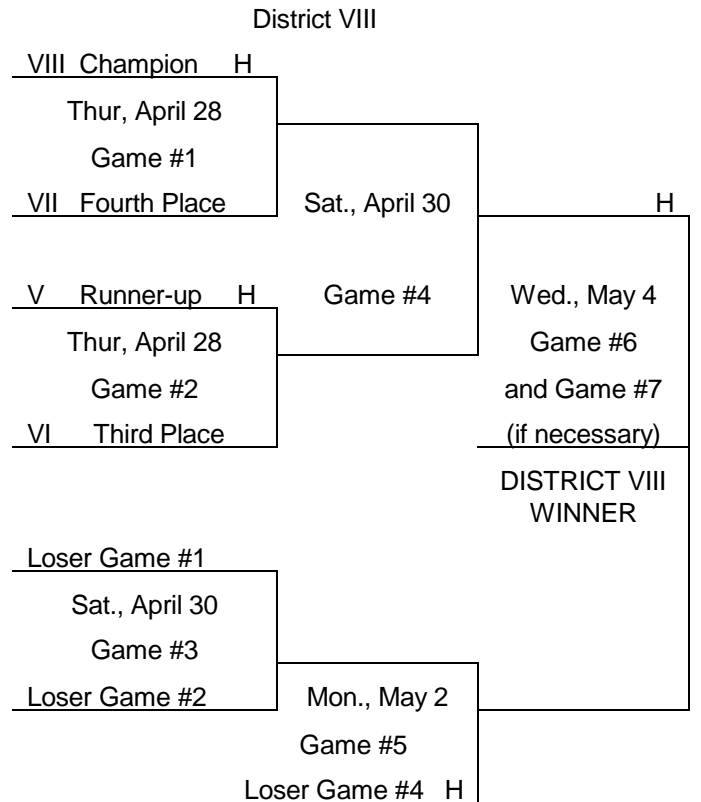
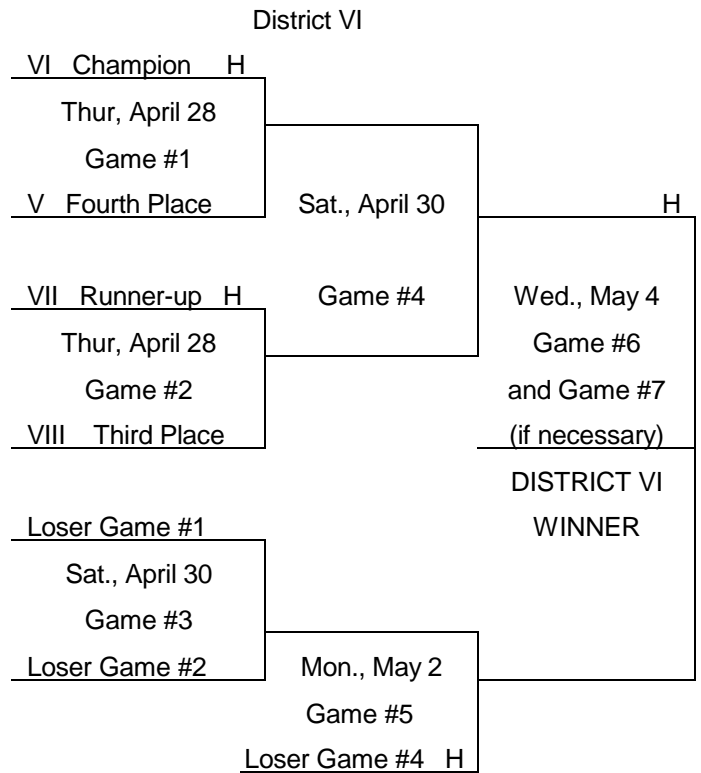
- Maximum of 10 games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament
- JV level does not have the option to trade in one tournament for additional regular season contests

2011 DISTRICT BASEBALL TOURNAMENTS - CLASS A



NOTE: The higher placed team will host in games #3 and #4. In game #6 the undefeated team will host and if game #7 is played, the site will be the same as game #6 but the home team will be determined by a coin toss.

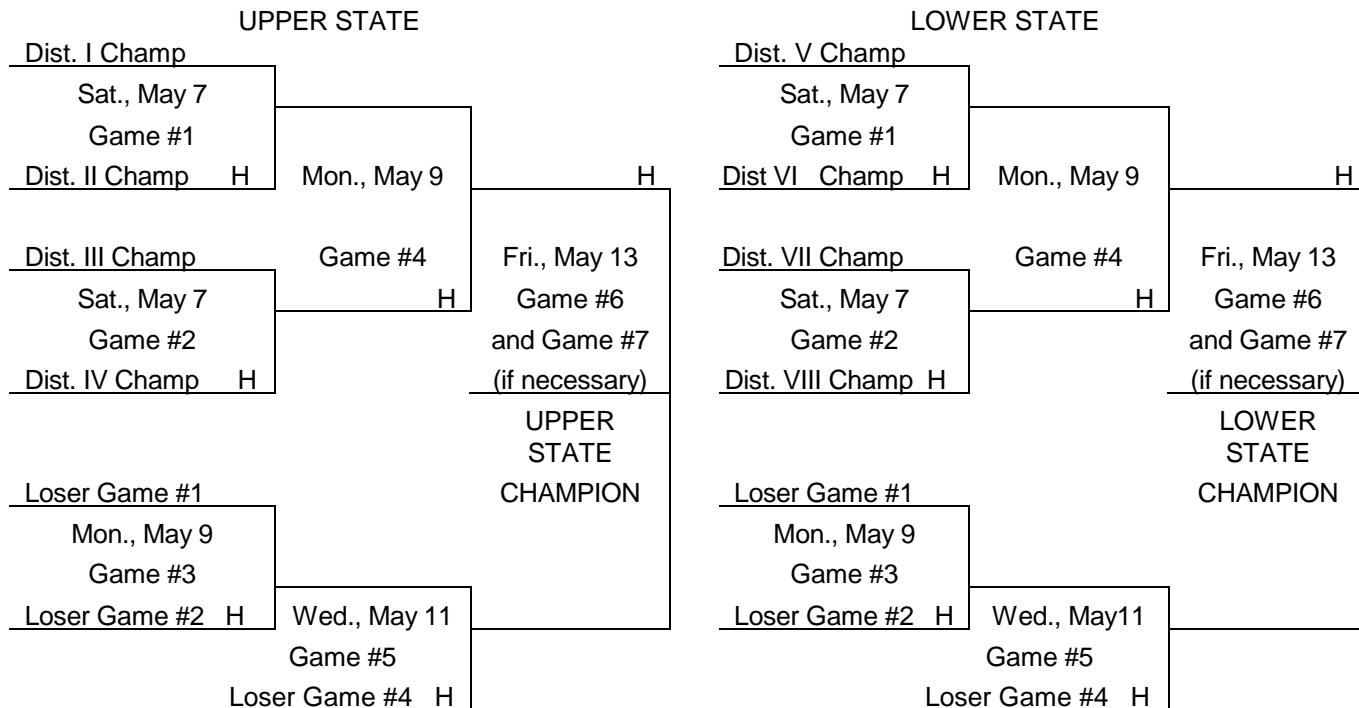
2011 DISTRICT BASEBALL TOURNAMENTS - CLASS A



NOTE: The higher placed team will host in games #3 and #4. In game #6 the undefeated team will host and if game #7 is played, the site will be the same as game #6 but the home team will be determined by a coin toss.

2011 UPPER AND LOWER STATE BASEBALL TOURNAMENTS

CLASS A



Note: If game # 7 is played, the site will be the same as game # 6 but the home team will be determined by a coin toss.

18. When games are played on neutral fields, game security is the responsibility of both schools and each school must control its own fans.
19. Classes AAAA, AAA & AA champions will be declared in accordance with the regulations in the their handbooks.
20. CLASS A STATE CHAMPIONSHIP SERIES:
 - a. During the week of May 16-21 the winners of the upper and lower state play-offs will meet in a best two out of three game series for the State Championship. The first game of the series will be played at the school representing the lower state and the second game will be played at the school representing the upper state. A third game, if necessary, may be played at the site of either school or at a neutral site. The League Office will assign three officials for this game. If a neutral site is used a coin toss will determine the home team.
 - b. Admission is \$6.00.
 - c. Gate receipts will be disbursed according to the financial statement in the Athletic Director's Handbook. Each team will keep proceeds from its home game. Gate receipts and expenses will be shared equally if the game is played on a neutral field.
 - d. If schools cannot agree, games will be played on Monday, Wednesday and Friday. Home schools will secure three umpires.
21. The League will furnish trophies and medals for the State Champion and the Runner-up in each classification.

SOFTBALL

1. National Federation Fast Pitch Rules will be used in all games.
2. The head coach must attend a League sponsored rules clinic.
3. Certified umpires must be used in all varsity games. Games will be played even though only one umpire is present. Instructions for postponing or canceling games for which certified officials are booked are printed on page B-62.

4. **IMPORTANT DATES:**

Schedule Due.....	February 1
First Practice	January 31
First Scrimmage	February 7
Eligibility Due	7 days prior to first regular season game
First Contest.....	March 7

If a school is participating in a preseason tournament, the certificate of eligibility must be submitted before participation in this tournament.

5. All classes are allowed 16 regular season games and two tournaments or 18 regular season games and one tournament. Varsity teams are also allowed four scrimmages and one jamboree. JV teams are allowed 14 games, two tournaments, two scrimmages and one jamboree. Tournament(s) may be pre-season and start on February 25.
6. Varsity games must be scheduled for 7 innings. If a double header is played, the games may be scheduled for 5 innings.
7. The game will end any time after 5 innings, or after 4 ½ innings when a team is 10 or more runs behind and has completed its term at bat. The game may also be terminated earlier by mutual consent if a greater than 10 run differential exists.
8. If a tie exists after 8 innings, the International Tie-Breaker Rule will be used beginning in the 9th inning. Under this rule, each team starts the inning with the player who completed the last official at bat, as a base runner on second base. Each subsequent inning will start the same until a winner has been determined.
9. Games that are called prior to completion will be considered suspended games under the following circumstances:
 - a. It is not a regulation game.
 - b. It is a regulation game with a tied score. **Suspended games will be resumed from the point of interruption.**
 - c. A game will be declared a forfeit after a 30-minute waiting period for opponent, unless other arrangements have been made.
10. If the game is called (ended) by the umpire, it is a regulation game:
 - a. if five full innings have been played or if the home team has scored an equal or greater number of runs in four or four and a fraction turns at bat than the visiting team has scored in five turns at bat; or
 - b. if play has gone beyond five full innings. If the game is called when the teams have not had an equal number of completed turns at bat, the score shall be the same as it was at the end of the last completed inning; except that if the home team in its half of the incomplete inning, scores a run (or runs) which equals or exceeds the opponent's score the final score shall be record when the game is called.

11. An optic yellow ball must be used. A red or black stitched ball may be used. A double first base is permitted. The maximum core is .47. The maximum compression shall not exceed 375 pounds.
A Dudley ball must be used in all state finals games.
12. When a protest is filed, the offended team must enter it at the time of the play and before the next pitch. The umpire-in-chief shall report the protest to the League Office along with all related conditions at the time of the protested play. If a protest is upheld the game will be replayed from the time of the protest.
13. April 26 is the deadline for declaring region champions and runners-up.
14. Region schedules will be arranged so that the last region game will be played one week before the deadline for declaring champions and runners-up. This way, postponed games may be played without hardship on any team.
15. Postponed games during the regular season and playoffs will be made up on the next available playing date.
16. Individual players who are 7th through 10th grades will be allowed to play in 20 regular season contests and two tournaments.
17. Schools are permitted three weeks of practice November 1-21, 2010.
18. A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets as part of the sanctioning process in basketball, baseball, lacrosse, softball, tennis and soccer. (Maximum 10 consecutive days for a tournament)

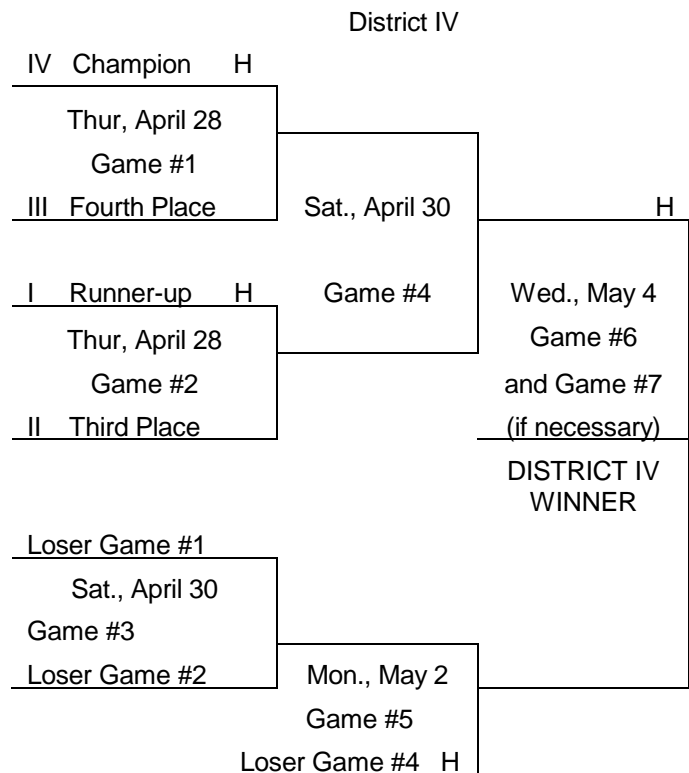
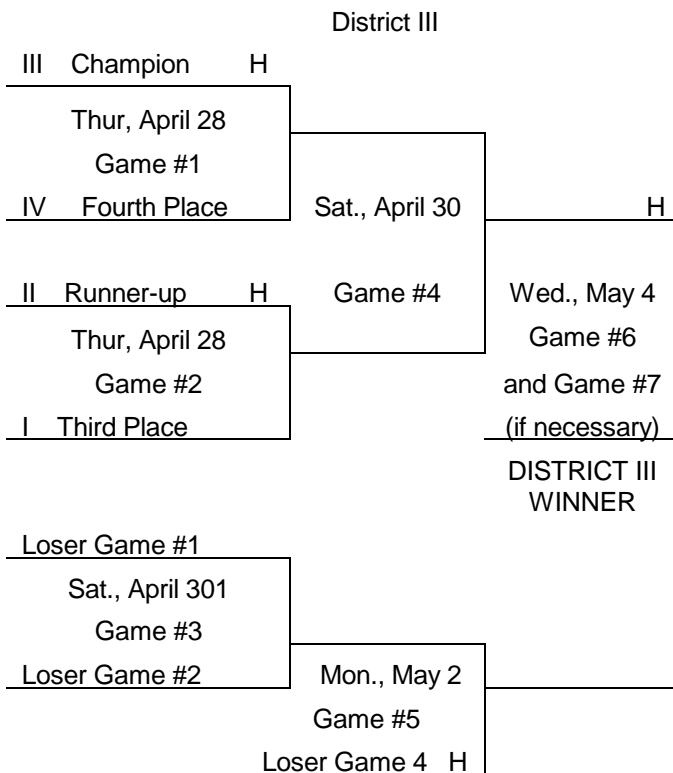
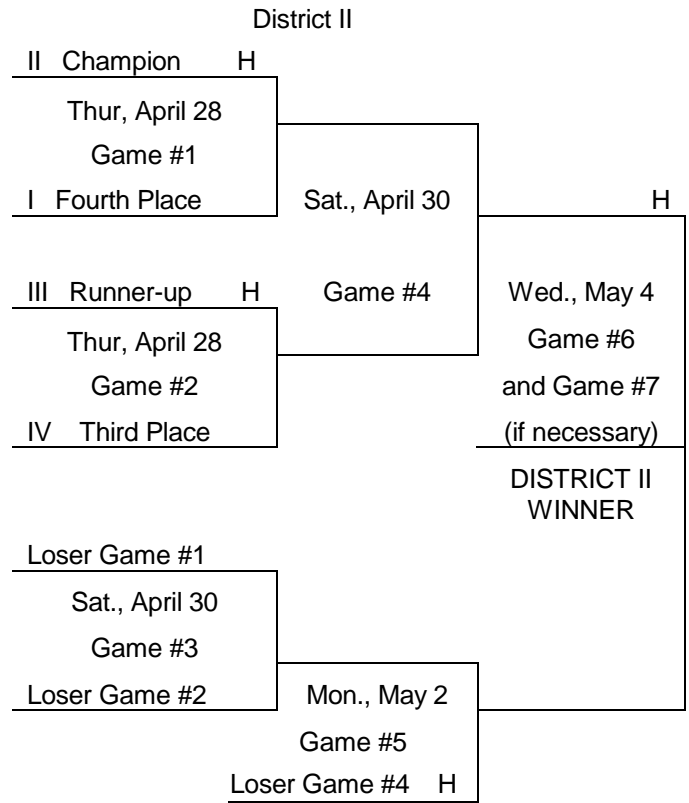
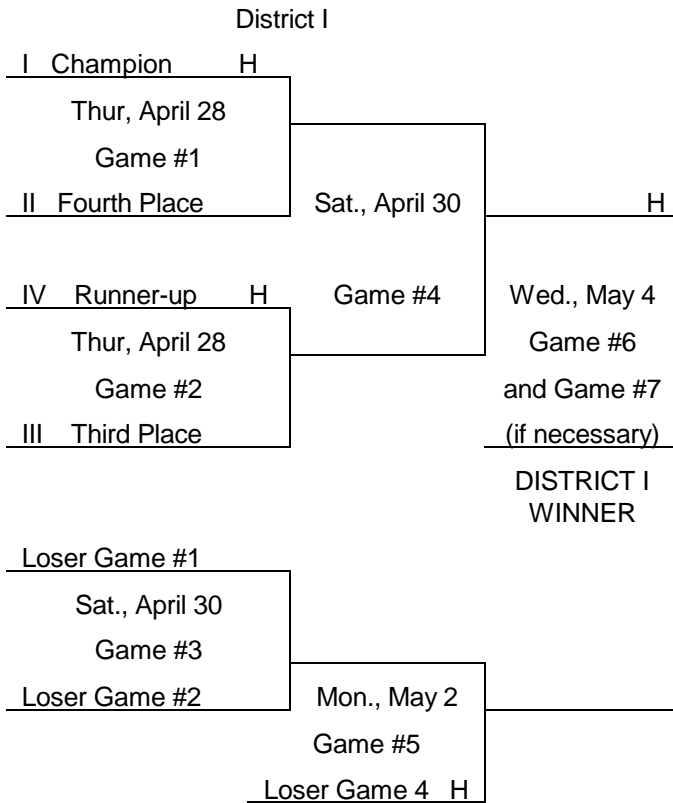
Varsity

- Maximum of 10 games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament

JV

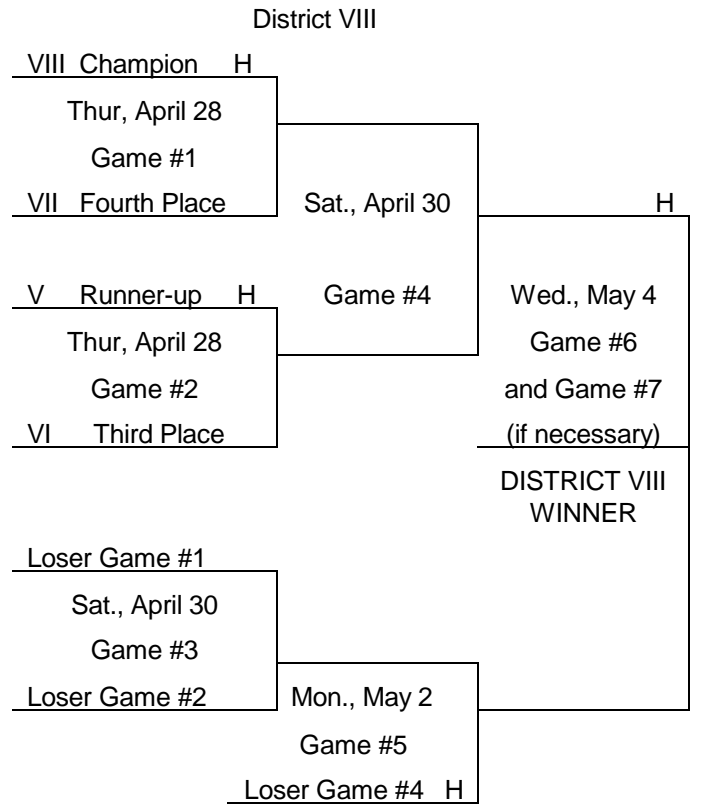
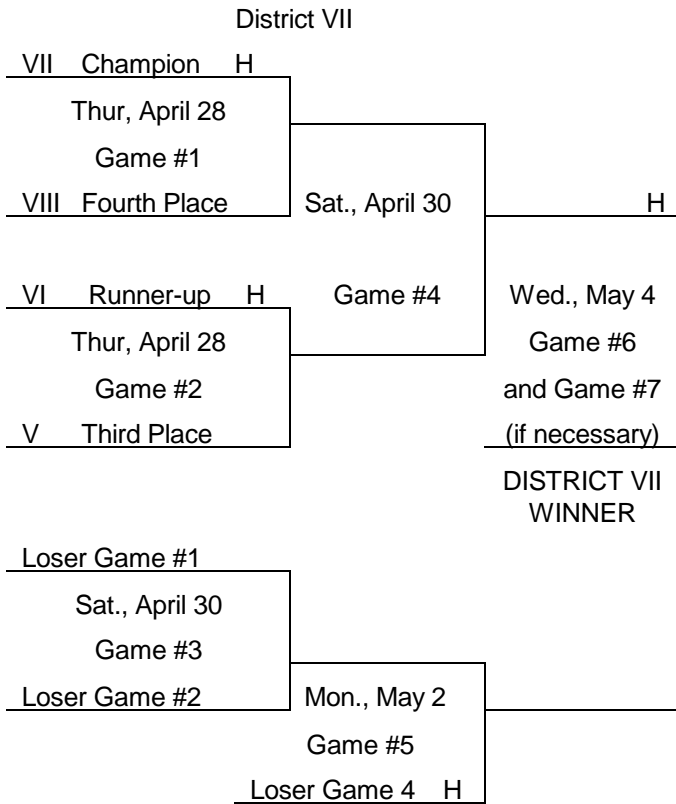
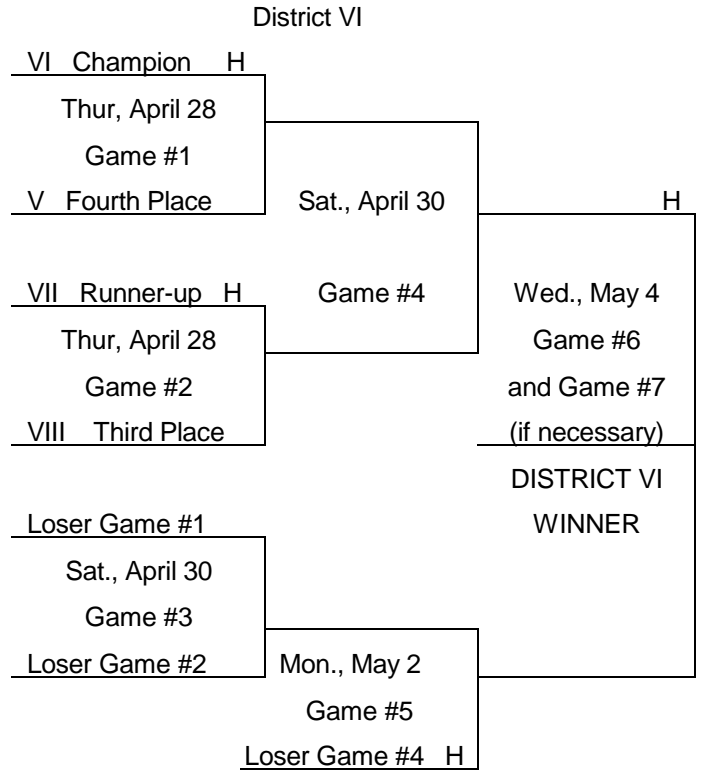
- Maximum of 10 games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament
- JV level does not have the option to trade in one tournament for additional regular season contests

2011 DISTRICT SOFTBALL TOURNAMENTS - CLASS A



NOTE: The higher placed team will host in games #3 and #4. In game #6 the undefeated team will host and if game #7 is played, the site will be the same as game #6 but the home team will be determined by a coin toss.

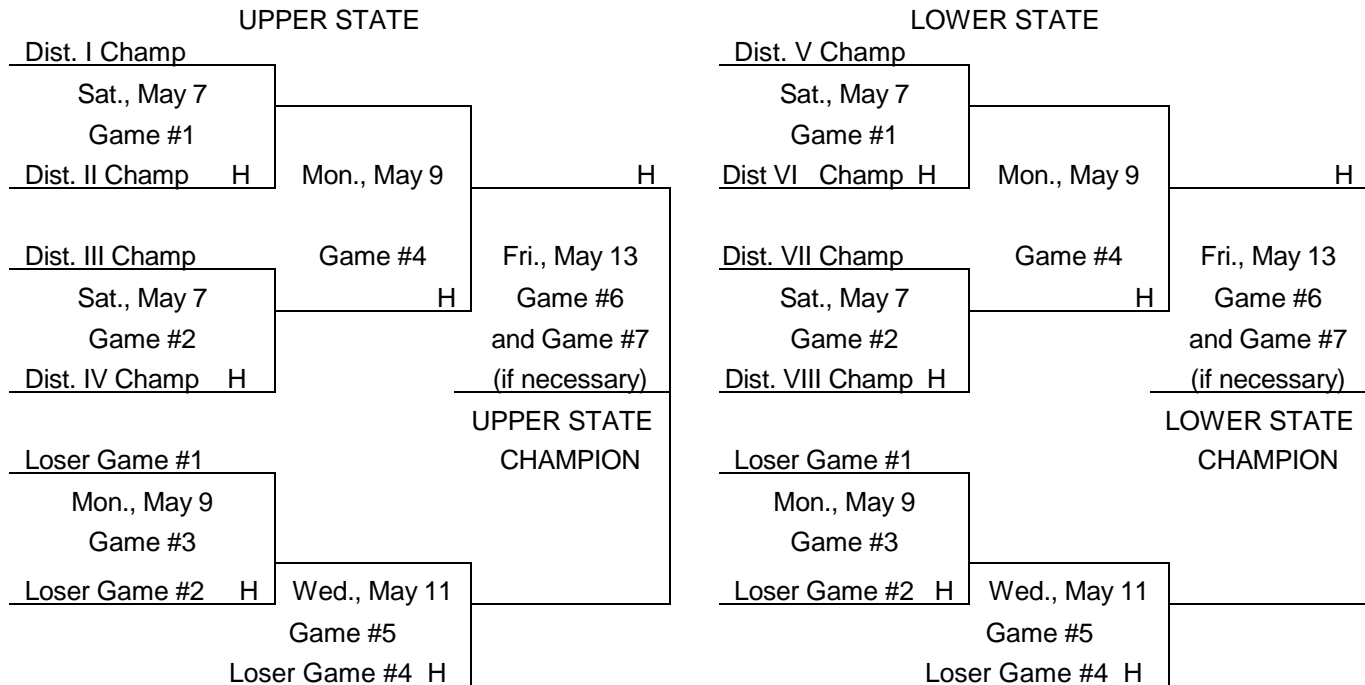
2011 DISTRICT SOFTBALL TOURNAMENTS – CLASS A



NOTE: The higher placed team will host in games #3 and #4. In game #6 the undefeated team will host and if game #7 is played, the site will be the same as game #6 but the home team will be determined by a coin toss.

2011 UPPER AND LOWER STATE SOFTBALL TOURNAMENTS

CLASS A



Note: If game # 7 is played, the site will be the same as game # 6 but the home team will be determined by a coin toss.

18. The League will sponsor a state championship series in all classes.

a. **Classes AAAA, AAA and AA** - Qualifiers will be in accordance with regulations in their Handbooks.

b. **Class A** - Each region will qualify four teams for the play-offs. The winner in each district tournament will then advance to an upper and lower state tournament.

1) Gate receipts will be distributed according to the financial statement in the A. D. Notebook.

2) Admission is \$5.00

3) The host school is responsible for securing umpires through the local booking secretary.

19. CLASS A STATE CHAMPIONSHIP SERIES:

a. During the week of May 16-20, the winners of the upper and lower state play-offs will meet in a best two out of three game series for the State Championship. The first game of the series will be played at the school representing the lower state and the second game will be played at the school representing the Upper state. A third game, if necessary, may be played at the site of either school or at a neutral site. The League Office will assign three officials from a neutral district for the third game in this series, if necessary. If a neutral site is used a coin toss will determine the home team.

b. Admission is \$6.00.

c. Gate receipts will be disbursed according to the financial statement in the Athletic Director's Handbook. Each team will keep proceeds from its home game. Gate receipts and expenses will be shared equally if the game is played on a neutral field.

d. If schools cannot agree, games will be played on Monday, Wednesday and Friday.

20. The League will furnish trophies and medals for the State Champion and the Runner-up in each classification.

BOYS AND GIRLS SOCCER

1. The League will sponsor a championship in each classification that has at least twelve of its schools participating. If this requirement is not met, schools may enter the tournament of the next higher classification.
2. National Federation rules will be used in all games.
3. The head coach must attend a League sponsored rules clinic.

4. **IMPORTANT DATES:**

Schedule Due.....	February 1
First Practice	January 31
First Scrimmage	February 7
Eligibility Due.....	7 days prior to first regular season game
First Contest.....	March 7

If a school is participating in a preseason tournament more than seven days prior to its first regular season game the certificate of eligibility must be submitted before participation in this tournament.

5. All classes are allowed 16 regular season games and two tournaments or 18 regular season games and one tournament. Varsity teams are allowed two tournaments, four scrimmages and one jamboree. JV teams are allowed 14 games, two tournaments, two scrimmages and one jamboree. Tournaments may be pre-season and start on February 25.
6. No match may end in a tie. During the regular season there will be two full five minute overtime periods. If a tie still exists, penalty kicks by anyone on/off the field will determine the winner.
7. The girls and boys will use two full ten minute overtime periods during the play-offs. If a tie still exists, two five-minute sudden victory overtime periods will be used. If still tied, penalty kicks will determine the winner. (National Federation Soccer Rules Book.)
8. In the event a soccer game is called prior to completion of one half because of conditions, which makes it impossible to continue play, the game will be resumed from the point of interruption.
9. Schools must use officials that are certified by the League Office. Instructions for postponing or canceling games for which certified officials are booked are printed on page B-58. Last date to play a soccer match is May 5, 2011.
10. Boys and girls deadline to report all classes is May 6 by 9:00 am. If applicable, form is found in the Athletic Director's Notebook. If this deadline is missed, a \$100.00 late entry fee will be assessed before entry into the play-offs.
11. Class AA Seeding Committees will meet May 6 at 10:00 am at the League Office.
12. Class A Boys Seeding Committee will meet May 6 at 10:00 am at the League Office.
13. The Boys Championship series will be played on May 10, 12, 14, 17 & 21. Play-off admission will be \$5.00. The state finals will be held at TBA. State finals admission will be \$8.00.
14. The Girls Championship series will be played on May 9, 11, 13, 16 & 20. Play-off admission will be \$5.00. The state finals will be held at TBA. State finals admission will be \$8.00.

15. State Finals Time Frames – UPPER State will be the host for all State Final games.

<u>Division</u>	<u>Date</u>	<u>Time</u>	<u>Division</u>	<u>Date</u>	<u>Time</u>
AA Girls	May 20	3:00 pm	A Boys	May 21	11:30 am
AAA Girls	May 20	5:00 pm	AA Boys	May 21	2:00 pm
AAAA Girls	May 20	7:00 pm	AAA Boys	May 21	4:30 pm
			AAAA Boys	May 21	7:00 pm

16. Gate receipts will be disbursed according to the financial statement in the Athletic Directors Notebook.
17. Class AAAA boys and girls play-offs will be in accordance with Class AAAA Conference regulations. Class AAA boys and girls play-offs will be in accordance with Class AAA Conference regulations.
18. The League will furnish trophies and medals to the State Champion and Runner-up in each competing class.
19. A coach may coach an outside team and use school facilities. Refer to B-6 for closed season regulations.
20. Students will be restricted to one game per day except they may play in two games in one day in an invitational tournament. There must be a minimum of one hour rest between games.
21. Schools are permitted three weeks of practice November 1-21, 2010.
22. A tournament is a series of contests in competition for a championship in which at least 1st & 2nd place is decided by a final contest between the two teams. Schools must now submit tournament format i.e., brackets as part of the sanctioning process in basketball, baseball, softball, lacrosse, tennis and soccer. (Maximum 10 consecutive days for a tournament)

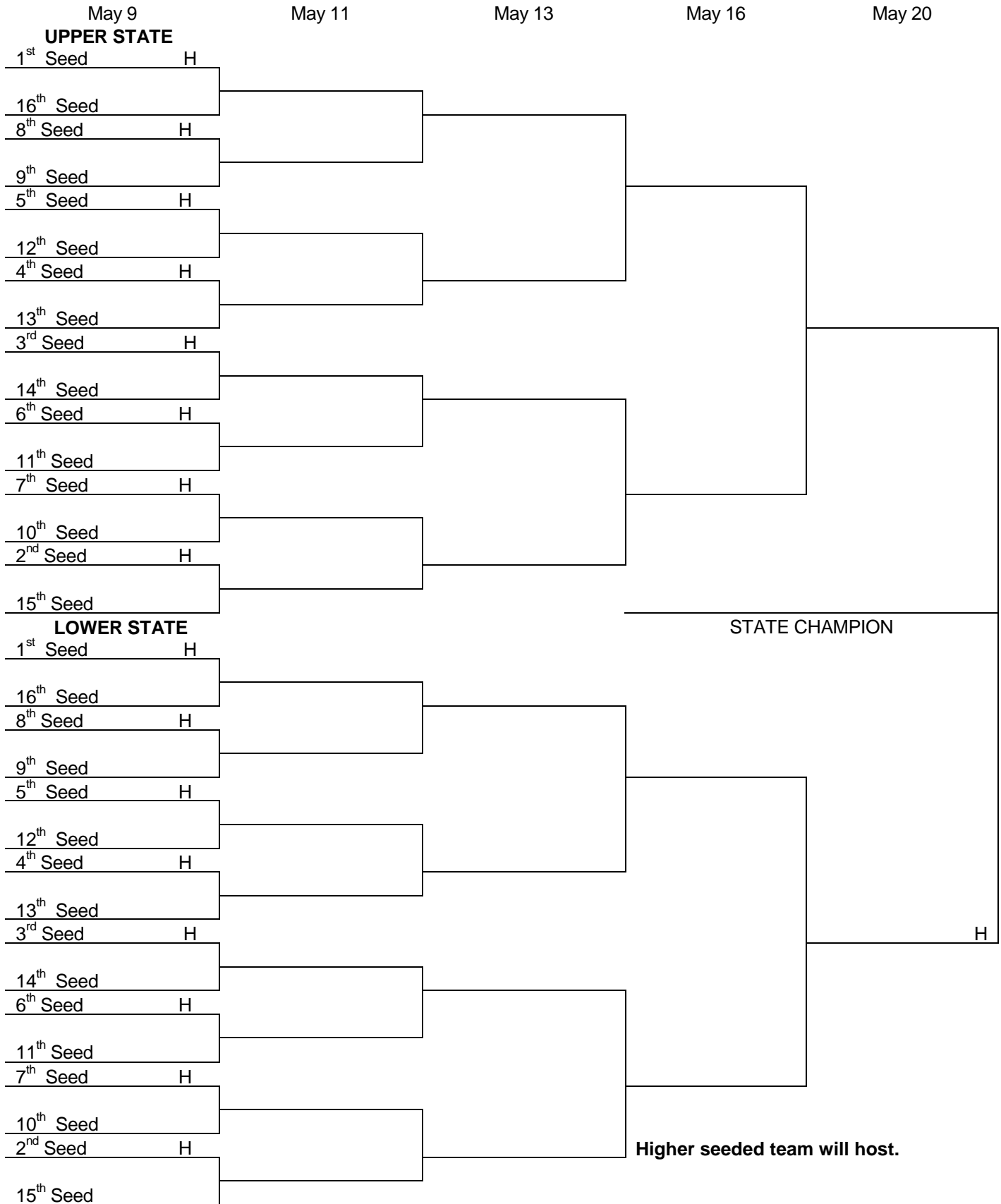
Varsity

- Maximum of 10 games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament

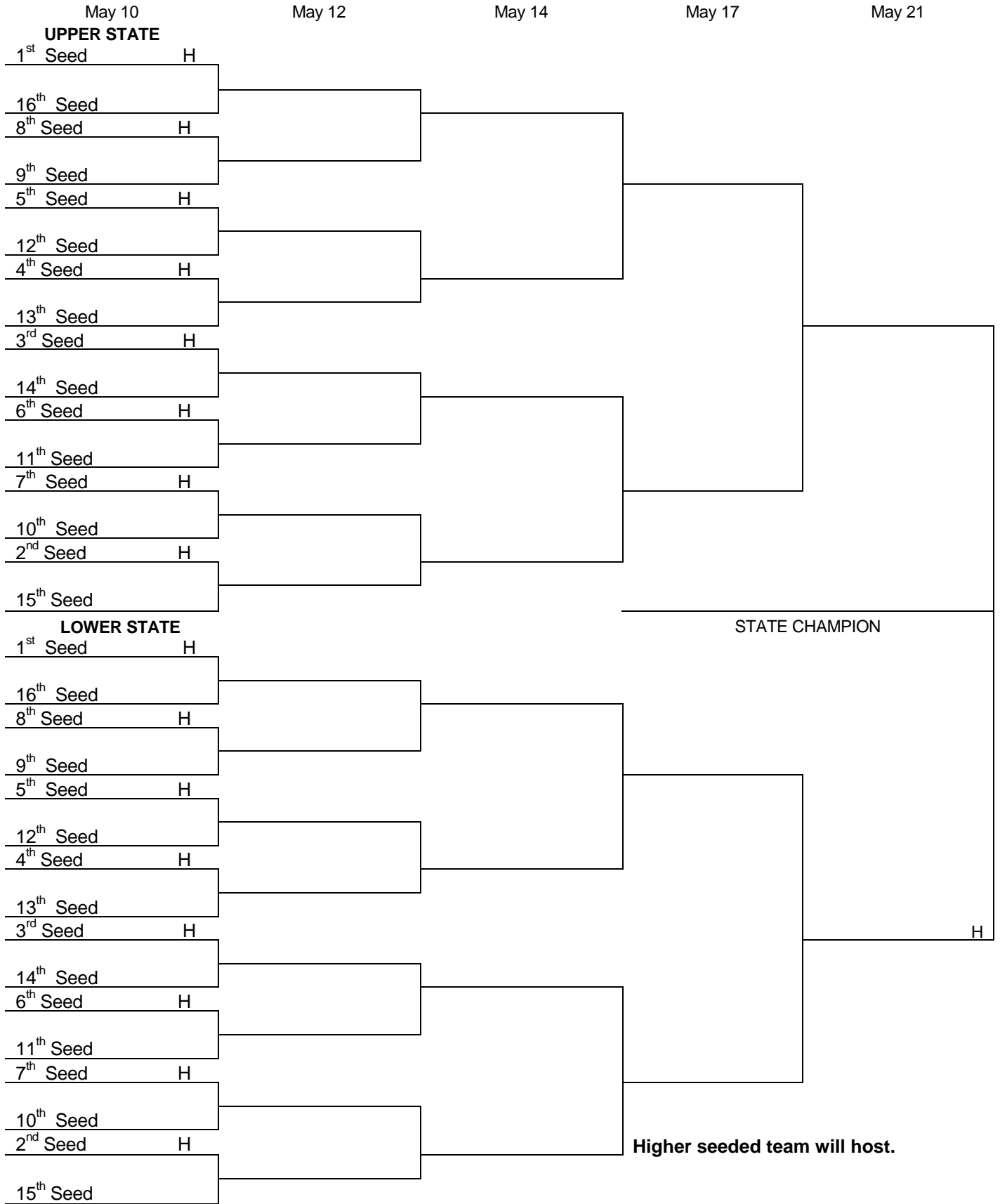
JV

- Maximum of 10 games can be played in a combination of the two tournaments
- If you choose to play more than five games in any one tournament this will constitute having played a second tournament
- JV level does not have the option to trade in one tournament for additional regular season contests

2011 CLASS AA GIRLS SOCCER



2011 CLASS A BOYS SOCCER



Higher seeded team will host.

ATHLETIC OFFICIALS ASSOCIATION

Certified officials, registered and approved by the League Office, must be used in all varsity football, volleyball, basketball, wrestling, soccer, baseball and softball contests. If a member school travels out of state to play, officials that are registered and approved by the host school's state association must be used.

BOOKING

The booking office for football and basketball officials is located in the League Office. The problems involved in baseball, softball, volleyball, wrestling and soccer necessitate local booking offices for these officials. These booking offices are listed in the school directory.

All associations must abide by the disciplinary action of the Commissioner of the League. If an officials' organization accepts the schedule of a school, it must furnish officials for the full season unless otherwise notified by the Commissioner of the League. An official must report any irregular procedure of the game or any unusual conduct on the part of the crowd, coaches, school officials or students to the Commissioner.

Arrangements must be made to hold weekly or biweekly meetings and attendance must be kept. These meetings should be for the purpose of learning rules and mechanics. An official will work or attend a combined total of 12 meetings and scrimmages if the official is to receive the maximum number of points allotted to this item on the official's rating system. Before the start of the season an official shall attend a minimum of six classroom type meetings and will work a minimum of two scrimmages. After the start of the season, an official shall attend a minimum of two classroom type meetings. Credit for the remaining two meetings may be received for classroom meetings or scrimmages.

Associations will not book an official that has not been certified. The approval of the League Office may be removed and the official may be banned from officiating in high school contests in the future for violation of the above regulation.

Schools and officials should be notified at least one week prior to assignments. High school personnel will not serve as the booking officer for an association except by permission of the Executive Committee.

A copy of the officials' association's constitution, bylaws, rules and regulations, list of officers and officials must be filed in the office of the Commissioner.

A list of officials will be available by the second week in May for football, September for basketball and volleyball, November for wrestling and February for baseball, softball and soccer.

An official who fails to keep an accepted assignment shall be required to pay the school the game fee.

SCHOOL'S BOOKING FEES

The Executive Committee of the League has approved the following booking fees:

Football.....	\$ 50.00	Baseball	\$50.00
Basketball.....	\$ 50.00	Softball.....	\$50.00
Wrestling	\$ 50.00	Soccer.....	\$50.00
Volleyball	\$ 50.00	Sub Varsity sports.....	\$50.00
Lacrosse.....	\$ 50.00		

**INSTRUCTIONS FOR CANCELING OR POSTPONING
A CONTEST TO WHICH CERTIFIED OFFICIALS ARE BOOKED**

If it is necessary to postpone or cancel a contest to which certified officials are booked, the home school shall:

1. Notify the officials when the contest will be rescheduled and ask if they can work the contest.
2. Notify the League Office of the rescheduled date and any officials who cannot work the contest.
3. If the contest is canceled within two weeks after being booked, the official will receive fee plus any travel.
4. If a contest is postponed and it is too late to stop the officials from traveling, mileage will be paid. The same officials will be reassigned if possible.
5. If a contest is postponed in time to stop the officials from traveling and the school fails to do so, fees and mileage will be paid.
6. Baseball and softball officials shall receive one-half fee and mileage if the game is started and terminated before it is a regulation game and full fee and travel if it is regulation. In other sports, officials are expected to return and finish a suspended contest on the rescheduled date. Only mileage will be paid. An official who cannot return will receive a fee comparable to the percentage of the contest worked. The replacement will receive mileage plus the remaining fee. The home school shall make the adjustments in fees.
7. If an official fails to keep an assignment, the official will pay the home school the game fee.

The Executive Committee has approved the following fees:

FOOTBALL OFFICIALS' FEES

CLASS	REGULAR SEASON		PLAY-OFFS		PLAY-OFFS	
	FIELD	ECO	QTR & SEMI FIELD	ECO	FINALS FIELD	ECO
I	80.00	44.00	84.00	47.00	90.00	49.00
II	69.00	44.00	71.00	47.00	80.00	49.00
III	59.00	42.00	59.00	41.00	69.00	44.00

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00. Upon application and payment of the booking fee, a school shall be placed in the fee class set forth above according to the classification of the school in the League. The minimum fee for AAAA schools shall be Class I, AAA schools Class II and AA and A schools Class III. The selection of officials shall begin with Class I and continue through Class III.

Fees will be \$37.00 for each official for junior varsity games and \$29.00 for each official for junior high games.

BASKETBALL OFFICIALS' FEES

All varsity games use 3 officials.

Single Varsity Game	Two-Games Referee U1, U2	State Play-Off Game	Two State Play-Off Games	State Finals	Single JV Game	Two JV Games
\$44.00	\$63.00	\$50.00	\$68.00	\$63.00	\$30.00	\$44.00

Fees For Middle And Junior High Schools:

Regular Season Games.....\$26.00 for one game \$37.00 for two games.

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00.

VOLLEYBALL OFFICIALS' FEES

	First 2/3 Match	Additional 2/3 Matches	3/5 Match
Regular Season	\$27.00 (R)	\$27.00 (R)	\$43.00 (R)
	\$23.00 (U)	\$23.00 (U)	\$34.00 (U)
Upper/Lower State			\$45.00 (R)
			\$37.00 (U)
State Finals			\$47.00
Sub-Varsity Matches	\$27.00		\$43.00

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00.

WRESTLING OFFICIALS' FEES

Regular Season Dual Matches - \$35.00 Plus Travel
 5 or more matches - \$18.00.
 Less than 5 matches - \$1.00 each match

1 Day Tournament..... \$ 50.00 per team
 2 Day Tournament..... \$ 75.00 per team
 1 Day Qualifying Tournament \$125.00 per official
 2 Day Qualifying Tournament \$175.00 per official

 Region Tournament: 3 teams or less..... \$ 90.00 per official
 (one day) 4 teams or more: \$125.00 per official
 (two day) 8 teams or more:..... \$175.00 per official

 Individual State Finals:..... \$175.00 per official
 Post Season Duals: \$ 37.00 per official
 State Final Duals: \$ 41.00 per official

Regular Season Dual Matches..... \$38.00 plus travel
 5 or more matches..... add \$18.00
 Less than 5 matches..... add \$1.00 each match
 Post Season Duals \$40.00 per official
 State Final Duals \$44.00 per official

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00

LACROSSE OFFICIALS' FEES

Regular Season.....\$38.00 (JV) \$44.00 (Varsity)
 Combination JV & Varsity (same day).....\$82.00
 State Play-Off Games\$49.00
 State Finals\$54.00

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00

SOCCER OFFICIALS' FEES

Regular Season.....	\$36.00 (JV)	\$41.00 (Varsity)
State Play-Off Games	\$44.00	
State Finals	\$52.00	

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00

BASEBALL OFFICIALS' FEES

	Plate Umpire	Base Umpire
Regular Season.....	\$39.00	\$34.00
State Play-Off Games	\$44.00	\$39.00
State Finals	\$48.00	\$43.00

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00

SOFTBALL OFFICIALS' FEES

	Plate Umpire	Base Umpire
Regular Season.....	\$38.00	\$32.00
State Play-Off Games	\$43.00	\$37.00
State Finals	\$47.00	\$42.00

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00.

COMPETITIVE CHEER JUDGES' FEES

1 to 15 teams	\$54.00 per judge
16 & above	\$81.00 per judge

Travel Allowance shall be 45 cents per mile to each official with a minimum of \$9.00

UNIFORMS

All athletic officials must wear the uniform designated by the League Office as determined from each sport's official's manual.

DISCIPLINE OF OFFICIALS

Officials' associations may set rules and regulations for the discipline of its members. The Commissioner of the League may discipline athletic officials in one or more of the following manners:

A WARNING is an official notice that an inexcusable, unethical or unsportsmanlike action is a matter of record and must not happen again.

PROBATION is a more severe type of warning. An official on probation may be assigned to regularly scheduled games but he will not be assigned to a play-off or tournament game of any type.

A FINE may be levied separately or in addition to a warning, probation or suspension. It will be levied against the individual official and may range from the game fee to a maximum of \$100.00.

A SUSPENDED official may not work an interscholastic athletic contest of any kind for a member of the League or a school that is a member of another state associated with the National Federation of State High School Associations.

Any disciplinary action by any athletic officials' association or the Commissioner may be appealed to the Executive Committee of the League.

OFFICIALS' CLINICS AND EXAMINATIONS

The League will conduct clinics in football, competitive cheer, volleyball, basketball, baseball, softball, soccer, track and field, tennis and wrestling. Head coaches of these sports are required to attend one of these clinics. Clinics will be held before August 15 for football; September 1 for volleyball, tennis and competitive cheer; November 15 for basketball; December 1 for wrestling; and March 1 for soccer, track and field, baseball and softball. A testing program approved by the Executive Committee will be administered under the direction of the Commissioner.

FOOTBALL OFFICIALS' CLINIC AND EXAMINATION

The South Carolina Football Officials' Association Clinic and Exam will be held on **Saturday July 24, 2010 at White Knoll High School**. The clinic will begin at 8:30 am for officials; the rules clinic will begin at 10:30 am. The exam will be administered at 12:00 noon. A make-up clinic and exam (for officials only) will be held on July 26 at the High School League Office at 6:00 PM. July 24 is the only date on which an official may take the examination without paying the \$20.00 late fee. **August 30 is the final date on which the examination may be taken.**

SWIM CLINICS

Monday.....	August 2, 2010.....	6:00 pm.....	West Florence High School, Gym
Tuesday.....	August 3, 2010.....	6:00 pm.....	Stratford High School
Wednesday	August 4, 2010.....	6:00 pm.....	Hillcrest High School
Thursday	August 5, 2010.....	6:00 pm.....	High School League Office
Wednesday	August 11, 2010.....	6:00 pm.....	High School League Office

COMPETITIVE CHEER CLINICS

The League will conduct four competitive cheer rules clinics. It is required that all competitive cheer coaches attend one of these clinics. Dates and sites of these clinics are as follows:

Monday.....	August 2, 2010.....	4:30 pm	West Florence High School
Tuesday.....	August 3, 2010.....	4:30 pm	Stratford High School
Wednesday	August 4, 2010.....	4:30 pm	Hillcrest High School
Thursday	August 5, 2010.....	4:30 pm	High School League Office

VOLLEYBALL OFFICIALS' CLINICS AND EXAMINATIONS

The League will conduct four volleyball rules clinics. It is required that all volleyball officials and coaches attend one of these clinics. Dates and sites of these clinics are as follows:

Monday.....	August 2, 2010.....	6:00 pm	West Florence High School
Tuesday.....	August 3, 2010.....	6:00 pm	Stratford High School
Wednesday	August 4, 2010.....	6:00 pm	Hillcrest High School
Thursday	August 5, 2010.....	6:00 pm	High School League Office

WRESTLING OFFICIALS' CLINICS

The League will conduct five wrestling rules clinics. It is mandatory that all wrestling officials and head coaches attend one of these clinics. Dates and sites of these clinics are as follows:

Monday.....	October 11, 2010	6:00 pm	Fort Mill High School
Monday.....	October 18, 2010	6:00 pm	Stratford High School
Tuesday.....	October 19, 2010	6:00 pm	West Florence High School
Wednesday	October 27, 2010	6:00 pm	Hillcrest High School
Thursday	November 4, 2010.....	6:00 pm	High School League Office

TENNIS CLINICS

The League will conduct five tennis rules clinics. It is mandatory that all tennis head coaches attend one of these clinics. Dates and sites of these clinics are as follows:

Monday.....	August 2, 2010.....	4:30 pm	West Florence High School
Tuesday.....	August 3, 2010.....	4:30 pm	Stratford High School
Wednesday	August 4, 2010.....	4:30 pm	Hillcrest High School
Wednesday	August 25, 2010.....	6:00 pm	High School League Office
Wednesday	January 19, 2011	6:00 pm	High School League Office

BASKETBALL OFFICIALS' CLINICS AND EXAMINATION

The League will conduct six basketball rules clinics. It is mandatory that all basketball officials and head coaches attend one of these clinics. Dates and sites of these clinics are as follows:

Monday.....	October 11, 2010.....	6:00 pm	Chester High School
Monday.....	October 18, 2010.....	6:00 pm	Stratford High School
Tuesday.....	October 19, 2010.....	6:00 pm	West Florence High School
Monday.....	October 25, 2010.....	6:00 pm	Brookland-Cayce High School
Tuesday.....	October 27, 2010.....	6:00 pm	Hillcrest High School
Monday.....	November 8, 2010	6:00 pm	High School League Office

The South Carolina Basketball Officials' Association Business Meeting and Exam will be held on **Saturday, November 13, 2010 at Lexington High School**. The business meeting will begin at 10:30 am (Officials' registration begins at 9:45 am) and the exam will be administered at 12:30 pm. A make-up exam (for officials only) will be held on November 15 at the High School League Office at 6:00 pm. November 13 is the only date on which an official may take the examination without paying the \$25.00 late fee. **December 1 is the final date on which the examination may be taken.**

SOCCER OFFICIALS' CLINICS

The League will conduct six soccer rules clinics. It is mandatory that all soccer officials and head coaches attend one of these clinics. Dates and sites of the clinics are as follows:

Monday.....	January 10, 2011	6:00 pm	Hillcrest High School
Wednesday	January 12, 2011	6:00 pm	Rock Hill High School
Tuesday.....	January 18, 2011	6:00 pm	Battery Creek High School
Monday	January 24, 2011	5:00 pm	West Florence High School
Wednesday	January 26, 2011	6:00 pm	Stratford High School\
Wednesday	February 2, 2011.....	6:00 pm	High School League Office

BASEBALL UMPIRES' CLINICS

The League will conduct six baseball rules clinics. It is mandatory that all baseball officials and head coaches attend one of the clinics. Dates and sites of the clinics are as follows:

Monday..... January 10, 2011 7:00 pm Hillcrest High School
Wednesday January 12, 2011 6:00 pm Rock Hill High School
Tuesday..... January 18, 2011 6:00 pm Battery Creek High School
Monday..... January 24, 2011 6:00 pm West Florence High School
Wednesday January 26, 2011 6:00 pm Stratford High School
Wednesday February 9, 2011..... 6:00 pm High School League Office

SOFTBALL UMPIRES' CLINICS

The League will conduct six softball clinics. It is mandatory that all softball officials and head coaches attend one of these clinics. Dates and sites of the clinics are as follows:

Monday.....January 10, 2011 6:00 pm Hillcrest High School
WednesdayJanuary 12, 2011 6:00 pm Rock Hill High School
Tuesday.....January 18, 2011 5:00 pm Battery Creek High School
Monday.....January 24, 2011 6:00 pm West Florence High School
WednesdayJanuary 26, 2011 6:00 pm Stratford High School
ThursdayFebruary 10, 2011..... 6:00 pm High School League Office

TRACK & FIELD COACHES CLINICS

The League will conduct four track & field coaches clinics. It is mandatory that all head coaches attend one of these clinics. Dates and sites of the clinics are as follows:

Monday..... January 10, 2011 6:00 pm Hillcrest High School
Monday January 24, 2011 6:00 pm West Florence High School
Wednesday January 26, 2011 6:00 pm Stratford High School
Wednesday February 16, 2011..... 6:00 pm High School League Office

LACROSSE COACHES CLINICS

The League will conduct four lacrosse clinics. It is mandatory that all head coaches attend one of these clinics. Dates and sites of the clinics are as follows:

Monday.....January 10, 2011 5:00 pm Hillcrest High School
Wednesday January 12, 2011 6:00 pm League Office
Tuesday.....January 18, 2011 5:00 pm Battery Creek High School
WednesdayJanuary 26, 2011 5:00 pm Stratford High School

PROPOSED TIE-BREAKING SYSTEM

The following procedure may be used in breaking ties within the region for seeding purposes. Seeds will be filled one at a time.

1. Two Teams
 - a. Single-game Region Schedule: If two teams with identical region records tie, the team that defeats the other shall be declared the higher seed.
 - b. Two-game Region Schedule: If two teams split their contest, then they would proceed to Tie-Breaking Steps until the tie is broken.
2. Three or More Teams
 - a. Single-game Region Schedule: If three or more teams with identical region records tie, and one of the teams has defeated the others, that team will be seeded higher. If this does not resolve tie(s), proceed to Tie-Breaking Steps until the tie(s) are broken.
 - b. Two-game Region Schedule: If three or more teams with identical region records tie, the team that has the most wins between the tied teams against each other will be seeded highest. The team with the next-highest wins will be seeded second and so on. If this does not resolve tie(s), proceed to Tie-Breaking Steps until the tie(s) are broken.

TIE-BREAKING STEPS

Step 1. Region Point System

If three or more teams with identical region records tie, and no team has more victories than the others in games involving the tied teams, a point system based on region record only will determine the seed.

The following point value will be used in assigning points for a win within the region:

6 TEAM REGION

- 1st Place ...6 points
- 2nd Place ...5 points
- 3rd Place ...4 points
- 4th Place....3 points
- 5th Place....2 points
- 6th Place....1 point

7 TEAM REGION

- 1st Place....7 points
- 2nd Place...6 points
- 3rd Place ...5 points
- 4th Place....4 points
- 5th Place....3 points
- 6th Place....2 points
- 7th Place1 point

NOTE: If two or more teams are tied for a region position, each team will be acknowledged as that particular seed when the point system is in use. (Example - if 2 teams are tied for 3rd place, any win against either team would be assigned 3rd place points.) As a position is decided, the following seeds would use the latest assigned points.

Step 2. Points Allowed System

- 2.1 The team that gives up fewest points in games involving the tied teams shall be seeded higher.
- 2.2 If still tied from above, the team that gives up fewest points in all region games shall be seeded higher.

NOTE: In games that are decided by "over-time procedure," the team that loses will only add 1 point to regulation final score for purposes of figuring points allowed, and not final score of over-time procedure.

Step 3. Final Resolution System

- 3.1 The higher seed will be the team whose opponents have the highest winning percentage.
- 3.2 The higher seed will be the team whose opponents have won the most games.
- 3.3 The higher seed will be the team whose opponents have scored the fewest points
- 3.4 The higher seed will be determined by a coin toss supervised by the Region Coordinator.

NOTE: This procedure shall refer to all regularly scheduled region and non-region games, excluding tournament games