

SC SPRINT/HURDLE COACHES CLINIC

November 18 and 19 hosted by The University of South Carolina

****Featured speakers:** Curtis Frye Head Coach USC & 2004 US Olympic Sprint Coach
Dion Miller Sprint coach, Texas Tech
Ron Garner Sprint Coach, South Carolina
Tim Langford Head Coach Charleston Southern University
Tim Hall Sprint Coach, Clemson University
Special Guest: Dr. Ralph Mann USATF Sprint/Hurdle Biomechanics', Olympic Silver Medalist-400 Hurdles

Dr. Mann is and has been an advisor for most of the US Olympic & World Championship medal winners for almost 20 years. He is world renown and is considered the premier biomechanical expert in the US.

Dion Miller has coached many World, NCAA, Conference Champions and All Americans, during his career. **Curtis Frye** is the Head Coach at USC and has coached for over 30 years. He is respected as one of the top hurdle/ sprint coaches in the world, having coached many Olympic, World and NCAA Champions during his career.

Sample Schedule:

Friday, November 18

4:50 pm – 5:20 pm Registration @

USC's Moore School of Business Bldg.

5:30-6:20 Coach Langford

6:30-7:20 Coach Hall

7:30-8:20 Coach Miller

8:30-9:30 Coach Garner

Saturday, November 19

8:30- 10:30 am Dr. Mann

10:40 – 11:40pm Coach Miller

11:40 to12:35 pm Lunch Break

12:40-1:40 pm Coach Langford

1:50 -2:50 pm Coach Frye

3-4:45 pm Dr. Mann

Cost-----\$200

** Note: All speakers have not been finalized yet for the 2010 clinic

The Clarion Hotel will be the clinic headquarters, 1615 Gervais St. (2 blocks from campus)

803-771-8711

Registration form----**Nike-South Carolina Elite Sprint/Hurdle Clinic @ USC Columbia, SC**

Name _____

Phone # _____

Home address:

(Street / P.O. Box)

(City)

(State)

(Zip)

High School/College _____

City/state _____

Please make out your check for \$200 to Speed Elite and enclose with the registration form. Registration forms and checks must be received by Monday November 14th, 2011. After the Nov. 14 deadline, the fee will be \$225.

Mail to---**Coach Rosenthal 1300 Rosewood Drive Columbia, SC 29208 phone # -----803-777-7925 fax---803-777-0964**

Per NCAA rules, the clinic is open to any and all entrants