

Open Season/Closed Season Practice Schedule 2017-18

Fall Sports

June 1 - July 22, 2017.....	Open Season
July 23 - July 27, 2017	Closed Season
July 28 - Last Contest	In-Season
Last Contest - December 3, 2017.....	Closed Season
December 4 – January 28, 2018	Open Season
January 29 - March 4, 2018	Closed Season
March 5 - May 31, 2018	Open Season
April 5 - May 31, 2018.....	Competitive Cheer Try-outs (Any 15 days)
May 1 - May 31, 2018	Football (10 days in pads) Max

Winter Sports

June 1 - July 27, 2017.....	Open Season
July 28 - September 1, 2017	Closed Season
September 2 - October 14, 2017	Open Season
October 15 – October 29, 2017	Closed Season
October 30 - Last Contest	In-Season
Last Contest – Team Championship	Closed Season
Day after Team Championship - May 31, 2018	Open Season

Spring Sports

June 1 - July 27, 2017.....	Open Season
July 28 - September 1, 2017	Closed Season
September 2 - October 29, 2017	Open Season
October 30 - December 3, 2017	Closed Season
December 4 - January 13, 2018.....	Open Season
January 14 - January 28, 2018.....	Closed Season
January 29 - Last Contest	In-Season
Last Contest - Championship	Closed Season
Day after Championship – May 31, 2018	Open Season

Lacrosse

June 1 - July 27, 2017.....	Open Season
July 28 - September 1, 2017	Closed Season
September 2 - October 29, 2017	Open (10 days in full gear, Oct. 7 - Oct. 28) Max
October 30 - December 3, 2017	Closed Season
December 4 - January 6, 2018.....	Open Season
January 7 - January 21, 2018.....	Closed Season
January 22, 2018 - Last Contest	In-Season
Last Contest - April 28, 2018.....	Closed Season
April 29 - May 31, 2018	Open Season

NOTE: Ten days of competition are permitted June 1 - July 21, 2018. Participation at team camps and other outside organizations is included in these 10 days. No school will be permitted to attend or participate in team camps between July 22, 2018 and In-Season.

Any student participating in an illegal practice will be declared ineligible for that sport season. Any school allowing an illegal practice will be subject to League discipline, which may include the placing of the sport on probation.

Football: May 1-31, 2018

- The first three (3) days of practice will be in helmets only.
- During the first three (3) days of “helmets only” practices sleds and ground dummies may be used.
- No hand shields, arm shields, and/or stand up dummies of any kind may be used during the first three (3) days of practice.
- During any practice(s) beyond the first 3 days of practice, a coach may equip his players in any combination of pads that he prefers for a period of **up to ten (10) days. (Ten (10) days is the maximum amount of time in pads.)** Schools are not required to be in helmets only or in full pads only; any combination may be used. During the time of practice in pads (full or combination of pads) the use of all football equipment is permitted.
- Middle school students may **NOT** take part in the high school practices, if players are wearing any equipment other than helmets. If players are equipped with more than helmets, middle school athletes must hold their practices apart from the high school. *(They could be on the same field, but away from the high school practices.)*
- Rising 9th graders, *(8th graders)*, are **NOT** 9th graders until school is out for the year, thus they may **NOT** take part in contact drills of the high school. 6th graders may not participate.
- Schools **MAY NOT** charge admission for a practice (game)

Lacrosse: October 6-27, 2017

Boys Lacrosse Only: The first three days shall be in shorts and helmets. Of the remaining days, a maximum of 10 days may be in full gear. Gloves may be worn on all days during this period, outside of that, helmet & gloves.

Competitive Cheer Tryouts:

- Schools may continue to use up to 15 days between April 5 – May 31 to complete try-outs for the following year.
- 6th graders may not participate in competitive try-outs.